

NEWSLETTER

DECEMBER 2024

MERRY CHRISTMAS

**Huge thanks for supporting
Age Friendly Wythenshawe's
Winter Warmer Bags
project for older residents**



**Contents included items
donated by Groundwork for all
500 bags, such as a:**

- thermal scarf, hat, pair of socks/ gloves and blanket
- thermos flask
- hot water-bottle
- branded fabric bag.

**Items donated by FareShare
Manchester for 100 of the bags,
including:**

- boxes of tea bags
- cuppa soups or porridge
- mini toiletries



- 500 Age Friendly Wythenshawe (AFW) Winter Warmer Bags packed.
- Distributed to vulnerable older residents across Wythenshawe.

**Items funded by Manchester City Council
Neighbourhood Investment Fund (NIF):**

- Boxes of tea bags / biscuits

Support guides/ leaflets given to include in the bags:



- AFW - enjoy your WW Bag
- Independent Age - Winter Wise
- Age UK - Winter wrapped up
- Home Instead - Community Calendar
- Manchester City Council / Independent Age - Pension Credit

Bags collected and distributed by:

- Age Friendly Wythenshawe
- Age UK Crossacres Resource Centre
- Books to Go
- Dandelion Community
- Lifted
- Manchester City Council (MCC) South Neighbourhood Team
- Manchester Local Care Organisation
- Tree of Life Centre
- Wythenshawe Community Housing Group (WCHG)
- Wythenshawe Good Neighbours (WGN)

Grateful thanks to our project funder:



**MANCHESTER
CITY COUNCIL**

Project also supported by:

- Forum Library Wythenshawe
- Wythenshawe Forum
- Tempo Marketing

Help on the day provided by staff / volunteers:
from AFW / Carers Manchester / Forum Library /
MCC / WCHG / WGN, and the local community.



Thanks also to our main project supporters:



REMINISCITY

ReminisCITY is a **FREE** reminiscence programme for individuals with a diagnosis of dementia and their carers/family members. Our weekly sessions offer a safe space for participants to build relationships while utilising football to help them and their carers/ family members engage in various memory-sharing activities. The programme creates a dementia safe environment for participants to enjoy social and physical activity and it is now possible to book sessions for residential/nursing home groups!

SCAN THE QR CODE TO BOOK A SESSION



When

Tuesday's 11am - 12pm

EVERY TUESDAY

RUNS EVERY WEEK

Find out more by visiting
mancity.com/cite

Please note, this programme is only open to those who are UK based

**FREE
For All**



**HEALTHY
PEOPLE**

For more information about our ReminisCITY programme, or if you would like to book, please contact Marcus Matthews (marcus.matthews@cityfootball.com) or scan the QR code to be added to our mailing list and informed about next sessions.



City in the Community



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DOWNLOAD OUR AGE FRIENDLY APP



- 1 Scan the QR Code
- 2 Read the instructions to add the 'APP ICON' to your homescreen



www.local-apps.co.uk/age-friendly-wythenshawe/

WYTHENSHAW CRICKET AND SPORTS CLUB

On Remembrance Day we think of the fallen as you find the time to salute them and those who returned, it's fitting that we let the people of Northenden know that we have been given the honour by the minister of the Methodist church.

After it closed to be entrusted to now keep and care for the memorial, which now takes pride of place in our club house. We welcome any one to call in and remember them as we do.

WE WILL REMEMBER THEM

MRS BEETON'S COOKERY

Wash 1 1/2 oz of pearl barley until the water is clear, drain put it and 3 pints of stock into a stewpan , boil up and simmer gently for about 1 1/2 hours stirring occasionally. Rub through a hair or fine wire sieve, return to the stewpan , add a pint of milk and seasoning and bring to the boil. Knead 1 oz of cornflour and 1 1/2 oz of butter or good cooking fat together, put the mixture into the soup and stir until it becomes smoothly united with it . Add nutmeg if liked, place some croutons of fried bread in the tureen, pour in the soup and serve hot.

BARLEY SOUP



WYTHENSHAW HALL

Open Days 2024

Open 11-4pm

July 21st

August Closed

September 29th

October 27th

November 24th

£3

Entrance
(cash only)

Christmas

with

Santa's Grotto

(Separate charge)

Under
10's

Free

Saturday December 14th

Sunday December 15th

**See our Social Media for
information on monthly themes**

Facebook: Friends of Wythenshawe Hall

Twitter (X): @WythenshaweHall

WythenshaweHall.org

Manchester homelessness charity appeals for new trustees

Homelessness charity Emmaus South Manchester is using Trustees' Week (4 - 8 November 2024) to thank their trustees and appeal for new trustees to join the charity.

Emmaus South Manchester currently has 10 people who give their time and expertise as trustees. The charity is keen to add two more people to their board of trustees and is appealing for people with finance and human resources (HR) experience.

The Wythenshawe-based charity has developed a social enterprise and is aiming to open a new Emmaus community to support people who experience homelessness and poverty. Emmaus communities provide a home, tailored support, training and work opportunities to help people build their confidence, boost their skills and achieve their potential.

Frances Hirst, Chair Emmaus South Manchester, said: "This is a very exciting time for our charity as we become more established and move closer to our goal of opening a new Emmaus community in Manchester. We are keen to welcome on board two new trustees to help our charity with good governance and to achieve the next stages of growth.

"I first became a charity trustee more than 20 years ago and it remains a rewarding part of my life. Becoming a trustee and working alongside others provides you with personal and professional development, as well as the satisfaction of supporting a cause you care about. I'd like to give my thanks to fellow Emmaus South Manchester trustees and encourage anyone who is interested in becoming a trustee to find out more about the roles on our website."

Trustees' Week is a national campaign to celebrate the achievements of nearly one million trustees across the UK. Trustees are the individuals who make strategic decisions on behalf of the charity and have general control and management of the administration of a charity.

Trustees at Emmaus South Manchester give their time voluntarily and work together collectively to ensure the charity has a clear strategy, and that its work and goals are in line with its vision. Emmaus South Manchester is currently working to raise the funds, support and partnerships needed to develop and open a new residential community.

To find out more about the trustee roles or register your interest, visit the Emmaus South Manchester website: <https://emmaus.org.uk/south-manchester/support-us/volunteer-roles/>



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