



DO YOU SUPPORT AND HELP AN ADULT WITH SUBSTANCE MISUSE ISSUES?

Carers Manchester South did a questionnaire for carers in South Manchester. We found that there was very little support for carers of someone (18yrs+) experiencing substance misuse issue.

We want to change that.

Would you like to meet with other carers to share your experiences and have some lunch?

We hope we can make you welcome and comfortable and help you to share the great work you do.

Did you know that 80% of carers say they have felt lonely? It's time you had a break...come and join us...

We believe you should have the opportunity to meet in a safe place to talk openly without being judged about the person you care for.

We will be meeting on the fourth Thursday of every month with the next meeting on Thursday 24th Feb 2022 from 11.30am to 1pm at the Withington Methodist Church.

Future dates are:

Thursday 24th March 2022: Thursday 28th April 2022

Thursday 26th May 2022: Thursday 23rd June 2022: Thursday 28th July 2022

If you are interested, or you have any questions then please contact:

cms@manchestercarersforum.org.uk or call Steve on 07494097568.

The Team look forward to meeting you.