FIRST CONTACT PRACTITIONER (FCP)

**What is a FCP?**

 A highly skilled MUSCULOSKELETAL

practitioner

 Expert in assessing and diagnosing bone, joint and Muscle pain

 Advanced clinical skills- identification of red flags and non-MSK Masquerades

 Referral for diagnostics/other services

**Benefits of FCP**

 Rapid access to an expert

MUSCULOSKELETAL practitioner

 Supports right patient, right clinician, first TIME

 Reduction in GP workload

 IMPROVED referral effectiveness

  Multi-disciplinary collaboration

Profession

Physiotherapist

Clinic

Friday

08.30-16.30

a a

a

face-to-face

**FCP at Bodey Medical Centre:**

**Sam Lockwood**

**Asif Din**

Physiotherapist

Thursday

08.30-14.30

**Appointments for MSK conditions in GP Practices**

**Highly satisfied patients with FCP Service in Manchester**

**Would recommend the FCP service in Manchester to family/friends**

**Inclusion Criteria Exclusion Criteria**

* Soft tissue injuries, sprains, strains or sports injuries
* Arthritis- any joint
* Muscle, ligament, tendon or bone problems (i.e. tennis elbow, ankle sprains)
* Spinal pain including lower back, mid- back and neckpain
* Spinal-related pain in arms or legs, including nerve symptoms (i.e. pins and needles ornumbness)
* Post-Orthopaedic Surgery
* Acutely unwell
* Patients under 18
* Medication reviews
* Women's Health, antenatal and post- natal problems
* House-bound patients
* Neurological and respiratory conditions
* Headaches
* Acute mental healthcrises
* Patientswho do not want to see a FCP