



HIGHER BLACKLEY, HARPURHEY & CHARLESTOWN PCN

# NEWSLETTER

STOP TOBER

## What's happening in October?

BLACK HISTORY MONTH

- Black History Month
- Stoptober
- Sober October
- National Cholesterol Month
- Breast Cancer Awareness Month
- Liver Cancer Awareness Month
- COPD Community Session at No.93 - Patient Invite only 9th October
- World Mental Health Day - 10th October
- World Arthritis Day - 12th October
- Secondary Breast Cancer Day - 13th October
- Patient Digital Drop-in Sessions NHS App at No.93 16th October

OCTOBER Breast CANCER AWARENESS MONTH

TimeMax

LIVER CANCER OCTOBER

### Patient Digital Drop-in Sessions

#### Do more with the NHS App!



Do you want to learn more about digital access to your GP Surgery? We can help!

Did you know you can book appointments, order repeat prescriptions and view your health records easily from your mobile or tablet?

Would you like help in setting up the NHS app and learn more about how they can help you?

Join us at one of our FREE DROP IN SESSIONS.

Join us at No.93 Wellbeing Centre, Church Lane, Harpurhey M9 5BG

Monday 16th October 10am-12.30pm

Monday 6th November 10am-12.30pm

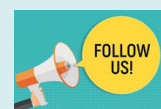


Enquiries email - gmicb-mh.h2c-enquiries@nhs.net

Follow us on social media for updates @H2C\_PCEN H2CPCN



Last week our PCN team attended the Macmillan Cancer Support coffee morning at North Manchester General Hospital, where we donated a spa day to the raffle prizes. Our team had a great time meeting part of the Macmillan team, and chatting to the public about who the PCN are and what we can do.



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