

NEWSLETTER



Hypertension Support Drop-in Session

WED
01 Nov
2023



Free Food & Drink

Blood Pressure Checks

Clinical Advice



10AM-2PM

Come and get your **blood pressure** checked, in a calm and private space.



The Chatterbox Project

70A Booth Hall Road, Manchester M9 7BL

Bowel Screening Drop-in For Eligible Charlestown Registered Patients

Charlestown Medical Practice, Charlestown Road M9 7ED

Wednesday 1st
November 10am-12pm

56+ Years old? Recently received your bowel screening kit in the post? Pop in to ask any questions, get more information or request another screening kit.



World
PANCREATIC
CANCER DAY

odd
socks
day

Mouth Cancer
Action Month
November

What's happening in November?

- Hypertension support drop-in 1st November
- Charlestown Medical Practice Bowel Screening Drop-in for eligible patients
- Digital Drop-in Session 6th November
- Odd Sock Day 2023 13th November
- World Pancreatic Cancer Day 16th November
- Mouth Cancer Action Month
- Lung Cancer Awareness Month

NHS



GET VACCINATED.
GET WINTER STRONG.

Flu can be a horrible illness in young children. The flu vaccine helps protect them and stops the virus spreading among family and friends.

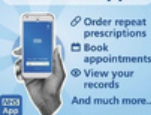
You can book your 2- or 3-year-old's flu vaccine at their GP surgery now.

www.nhs.uk/child-flu



Patient Digital Drop-in Sessions

Do more with the NHS App!



Do you want to learn more about digital access to your GP Surgery? We can help!

Did you know you can book appointments, order repeat prescriptions and view your health records easily from your mobile or tablet?

Would you like help in setting up the NHS app and learn more about how they can help you?

Join us at one of our **FREE DROP IN SESSIONS.**

Join us at No.93 Wellbeing Centre,
Church Lane, Harpurhey M9 5BG

Monday 16th October 10am-12.30pm

Monday 6th November 10am-12.30pm



Enquiries email - gmicb-mh.h2c-enquiries@nhs.net

Twitter - @H2C_PCN

Instagram - H2CPCN

Facebook - Higher Blackley,
Harpurhey & Charlestown PCN

