

HEALTH AND WELLBEING SERVICES IN PRACTICE

OUR SOCIAL PRESCRIBER IN THE PRACTICE CAN OFFER SUPPORT WITH:-

- ▶ WEIGHT MANAGEMENT
- ▶ STOP SMOKING
- ▶ FINANCIAL ADVICE
- ▶ MENTAL HEALTH WELL BEING
- ▶ ISOLATION
- ▶ SUBSTANCE ABUSE
- ▶ LINKED TO OTHER ORGANISATIONS

