

KETAMINE

Adulterated with Xylazine

Several recent tests in Manchester on samples of drugs sold as ketamine have detected the presence of **xylazine**.

- **Xylazine** is a potent sedative used by vets on large animals.
- **Xylazine** has been found as an adulterant in heroin and in a range of other drugs. It has been associated with at least a dozen deaths in the UK.*
- The combination of **Ketamine** and **xylazine** is likely to result in extreme sedation and could be fatal. Using alcohol or other drugs at the same time increases the risk.
- The combination of **Ketamine** and **xylazine** will also leave you extremely vulnerable and at risk of sexual assault and robbery.

*Xylazine can cause severe skin ulcers, although this thought to be a result of dirty injection equipment.

Harm Reduction Advice

- Start any new batch of ketamine with a small test dose and don't take more for at least an hour.
- Make sure you are in a safe environment
- Don't use alone as there is nobody to help if you overdose.
- If using with friends, take it in turns so you can look out for each other.
- If somebody overdoses, has a fit or is in distress, call for an ambulance or seek help straight away.
- If a friend is unconscious and can't be roused, put the person into the **recovery position** to avoid them drowning in their own vomit. Call for an ambulance or seek help from medical welfare staff straight away.

The Recovery Position



Put the hand closest to you by the head (as if they were waving)



Put the arm furthest away from you across the chest, so that the back of the hand rests against the cheek



Hold the hand in place and lift up the knee furthest away from you, making sure the foot is planted firmly on the ground



Turn them on their side by pushing down on their knee

Dependent often daily use of ketamine is increasing and leading to an increase in serious damage to peoples bladder, kidneys and liver as a result.

Help and advice is available from your local drug service

<https://www.talktofrank.com/get-help/find-support-near-you>