

SignPost

WELLBEING FOR CARERS

Heald Green Carers Drop In



Join Jennie from Signpost for a warm welcome, a lovely brew, and plenty of time to chat. All Stockport carers welcome.

Second Thursday of each month
(except August/December).

10am-1pm, Heald Green Village
Hall, Outwood Rd, SK8 3JL

The Heatons Centre
Thornfield Road
Stockport
SK4 3LD

Tel: 0161 442 0442



www.signpostforcarers.org.uk