

Walk and Talk

First Friday of each month 10:30am at various venues

**Do you need to talk about the loss of
the person you cared for?**

Join us for a comfortable stroll with time to chat.

All former carers from the Stockport area welcome.

For more info on the venue, or to express interest
please contact Natalie on 0161 442 0442.



**LLOYDS BANK
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England & Wales



Pennine Care
NHS Foundation Trust

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