

# Have you been waiting long?



## Want to get advice as quickly as possible?

## Ask Your Pharmacist

Any community pharmacist can provide you with confidential advice and treatment if needed for a wide range of illnesses and minor ailments without the need for an appointment with your GP.

Children, people aged 60 or over, people who hold a medical exemption certificate and people on certain benefits may be eligible for treatment free of charge via the NHS Minor Ailment Service available at all community pharmacies. (look for the leaflet below in the practice)

Some of the illnesses and minor ailments that your community pharmacist can help you with are listed below.

**Minor Ailment?**

Travel sickness  
Eczema / allergies  
Cold sores  
Diarrhoea  
Athlete's foot  
Period pain

Nasal congestion  
Haemorrhoids (piles)

Worms  
Thrush  
Mouth ulcers  
Hay fever  
Colds

Threadworms  
Sore Throat  
Earache  
Indigestion  
Advice

Backache  
Warts / veruccae  
Cough  
Acne  
Headache

Pain

Constipation

**Ask your pharmacist**

