**Name -**

**Date of birth -**

**ADHD Patient Questionnaire - University Health Service**

ADHD is diagnosed and managed by psychiatry in NHS Scotland, we cannot start medications for ADHD in general practice. If you have a diagnosis of ADHD and have been stabilised on a medication, it is imperative that you should provide all the information requested on this questionnaire to facilitate prompt referral to a specialist. NHS psychiatry will review your documents to decide whether the prescription can be continued by the NHS. If the referral is declined, there is a significant waiting list for ADHD assessment which currently is growing and will take many years to address. There is absolutely no guarantee, no matter how apparently thorough a private assessment is, that it will be accepted and lead to controlled drugs being prescribed on the NHS prior to a full NHS assessment. If you do decide to pursue a diagnosis and prescription of ADHD medications through a private provider, they should be responsible for initial and any follow up investigations until such time that the local NHS clinic takes over your care, and additionally we cannot sign a “Shared Care Agreement” with your private clinic. We would also like to remind you that Adderall is not available in the UK. Thank you for completing this questionnaire.

1. Have you been diagnosed with a form of ADHD?

YES Please proceed to question 2.

NO Please arrange a review with a GP to discuss your concerns regarding ADHD

1. Do you have a detailed report showing how the diagnosis of ADHD was reached?

YES Please **EMAIL Diagnostic Reports to:** [**loth.clinicals70592@nhs.scot**](mailto:loth.clinicals70592@nhs.scot)

Year and place of diagnosis: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

NO Please obtain further evidence.

1. Have you been stabilised on a medication for ADHD?

YES Please state the medication name, dosage and how many months of supply you have: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­­­­­­­­­­­­­­­­­­­­­­­­­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Please EMAIL Medication Review letters from your previous specialist to**: [**loth.clinicals70592@nhs.scot**](mailto:loth.clinicals70592@nhs.scot)

NO Please arrange a review with a GP if you have concerns regarding ADHD

1. Would you like to seek authorisation of your ADHD medication from NHS Lothian Psychiatry?

YES

NO, I will continue to source the medication myself\*

\*Some individuals may choose this option if they are staying in Edinburgh for a short period of time.