

# Craigshill Health Centre



## Support for Armed Forces Veterans



Veterans Housing Scotland has over 100 years' experience in providing homes for Veterans in Scotland who are disabled.

### Telephone

Central Office: 0131 557 1188

(please leave a message and a member of our team will respond)

### Email

Property: [property@vhscot.org.uk](mailto:property@vhscot.org.uk)

Finance: [finance@vhscot.org.uk](mailto:finance@vhscot.org.uk)

Support: [support@vhscot.org.uk](mailto:support@vhscot.org.uk)

Applications: [applications@vhscot.org.uk](mailto:applications@vhscot.org.uk)



## Armed Forces Community Covenant

The WLAFFC is a voluntary statement of mutual support between a civilian community and its local armed forces community.

CCGS enquiries: [ccgs@westlothian.gov.uk](mailto:ccgs@westlothian.gov.uk)

General enquiries: [covenant@westlothian.gov.uk](mailto:covenant@westlothian.gov.uk)

Or by phone on: **01506 281096**



The Armed Services Advice Project (ASAP) provides dedicated information, advice and support to members of the Armed Forces Community in Scotland.

The service is provided by the Scottish Citizens Advice Bureau Service, and the funding group is led by Poppy Scotland. We work closely with many organisations, both Service related and others, to provide support to the people who contact us.

Our advice covers a range of areas, including benefits, debt, employment, relationships and housing.

Call the **National ASAP helpline on 0808 800 1007** or drop in to see us at **West Lothian Citizens Advice Bureau**



**We provide support for current and former members of the Armed Forces as well as their families. This support, in recognition of their sacrifices and service, is holistic and bespoke.**

**Advice | Financial Support | Local Support | Employment**

**Mobility | Housing | Mental Health**

If you would like support out-of-hours, [Veterans' Gateway](#) offers a 24hr contact service and can help put you in touch with the organisations best placed to help with the information, advice and support you need.

**Call 0808 802 1212**

***For general Poppyscotland enquiries***

**0131 557 2782** (9am to 4pm, 5 days a week)

***If you need support***

**0131 550 1557** (9am to 4pm, 5 days a week)





**Whatever challenges they're facing, members of the Armed Forces community can rely on SSAFA.**

#### Who we help

Our support covers both regulars and reserves in the Royal Navy, the Royal Marines, the British Army and the Royal Air Force and their families, including anyone who has completed National Service. They are all entitled to lifelong support from SSAFA, no matter how long they have served.

#### How we help

SSAFA helps the armed forces community in a number of ways, though our focus is on providing direct support to individuals in need of physical or emotional care.

Addiction, relationship breakdown, debt, homelessness, post-traumatic stress, depression and disability are all issues that can affect our members of our Armed Forces community. Many of these problems only become apparent when an individual has to leave their life in the Forces and join 'Civvy Street'. SSAFA is committed to helping our brave men and women overcome these problems, and rebuild their lives.



**Tel: 0800 260 67 67**  
09:00 - 17:00, Monday to Friday.  
[ScottishRegional.Office@ssaafa.org.uk](mailto:ScottishRegional.Office@ssaafa.org.uk)



Royal British Legion Scotland (Legion Scotland) make a difference every day to the lives of Scotland's veterans through providing community, friendship and practical advice, whether they left military service yesterday or 50 plus years ago.

**Contact online by using the link below:**

**[www.legionscotland.org.uk/forms/contact-us](http://www.legionscotland.org.uk/forms/contact-us)**



We are Combat Stress, the UK's leading charity for veterans' mental health. For over a century, we've helped former servicemen and women with mental health problems such as post-traumatic stress disorder (PTSD), anxiety and depression.

**HERE TO HELP 24/7**

**FREE HELPLINE: 0800 138 1619**

**TEXT: 07537 173683**

**EMAIL: [helpline@combatstress.org.uk](mailto:helpline@combatstress.org.uk)**

**Combat Stress and our helpline are not a crisis service. If you are in an emergency situation and need urgent support please call the emergency services via 999 or the Samaritans via 116 123.**

