

Craigshill Health Centre



April 2024 Newsletter

NEW PHONE SYSTEM

You said, we did

We now have a new telephone system in the practice.

Key features of the phone system are:

- **Call back** – you can join the queue, hang up and the system will call you back when you are next in the queue to be answered.
- **Call recording** – we will be recording calls for training and quality purposes.

Thanks to everyone for their feedback.



Carers of
West Lothian

Are you a carer?

Did you know there is support available to you?

[Click here to let us know if you are a carer](#)

Carers of West Lothian has a wealth of support for carers.

Visit [here](#) or use the QR code for more info.



Everyday questions about
your health

The answer is NHS inform



www.nhsinform.scot
0800 22 44 88









NHS
24
NHS
inform
Health information you can trust

Bowel Cancer Awareness Month

Know the symptoms of bowel cancer



-  Bleeding from your bottom
-  Blood in your poo
-  A change in how often you poo, or regularly having diarrhoea or constipation
-  Losing weight but you're not sure why
-  Feeling very tired all the time but you're not sure why
-  A pain or lump in your tummy

If you have any of these symptoms, it's important to ask your GP for an at-home test as soon as you can.



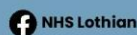
Coming into Hospital?

PLEASE BRING YOUR MEDICINES WITH YOU!



We need to:

- Ensure you get the right medicine at the right time
- Have a complete record of all the medicines you are taking
- Reduce medicine waste



NHS Lothian



@NHS_Lothian



@nhs_lothian

Contacting the Community Desk

Please call us on **01506 432621**
Option 3 to speak to the following:

- District Nurses
- Health Visitors
- CPNs
- Midwives

The Community Secretaries are based in Howden Medical Centre and there is a call divert / voicemail service in place.

Spring COVID Boosters

A clinic will take place on:

Wed 24th April 2024

09:30 – 16:00

Eligible patients will receive a letter from NHS Lothian. Please bring your letter to the clinic if you wish to be vaccinated here in Craigshill.

This is a walk-in clinic – no need to call or book ahead.

Shingles and Pneumococcal vaccines will be on offer to those eligible.