

HEALTHIER MINDS

EAST RENFREWSHIRE COUNCIL

Supporting Children and Young People (10–18)

Mental and Emotional Wellbeing



Universal

Available to all

Targeted

Accessed by some
and those with more need

Intensive

Accessed
by few

Universal

Support and advice to develop Children and Young People's coping strategies and promote wellbeing.



SCHOOLS & NURSERIES

Age: 3-18
PSE Support, nurturing
and Restorative practices



EAST RENFREWSHIRE CULTURE & LEISURE

Age: 0-18
Classes, Clubs/Groups,
Resources



COMMUNITY SUPPORT SERVICES

Age: 11-25
Youth Clubs and
Detached Youth Work

HEALTHIER MINDS

HEALTHIER MINDS

Information, resources and
guidance for Children, Young People,
Parents/Carers and Professionals



PARENTLINE (CHILDREN 1ST)

Helpline for parents
08000 28 22 33



EDUCATIONAL PSYCHOLOGY SERVICE

Advice and training for teachers to develop resilience
and coping skills with children and young people

Targeted

Additional support from schools and agencies to promote Children and Young People's wellbeing and develop coping strategies.



SCHOOLS & NURSERIES

Age: 3-18
Pastoral support and
Group Work



COMMUNITY SUPPORT SERVICES

Age: 11-25
Support groups, youth work recovery
fund, classes and employability

Referral:
YPSenquiries@eastrenfrewshire.gov.uk



SOCIAL WORK

Age: 0-18
Family Support
Referral: request for assistance



FAMILY FIRST

Age: 0-11
Family Support
Referral: Self-referral, Nursery,
Health Visitor or GP



FAMILY WELLBEING SERVICE

Age: 8-18
Family Support
Referral: GP



WOMEN'S AID

Helpline – 0800 027 1234
Support for C/YP who have
experienced Domestic Abuse
Referral: Contact Direct



ER CARERS CENTRE

Support and Groups for young carer's
Referral: Self-referral

ENABLE Group

ENABLE

1-1 and family support for C/YP and
with Additional Support Needs

Referral: Contact Direct

HEALTHIER MINDS SCREENING HUB

HEALTHIER MINDS SERVICE

1-1, family and group support, Multi-agency screening
hub (Educational Psychology, CAMHS, Social Work,
Healthier Minds Team). Referral route for Youth
Counselling

Referral: Education and self-referral



EDUCATIONAL PSYCHOLOGY SERVICE

Direct and indirect support to promote coping
strategies and contribution to wellbeing plans

Referral: Education

Intensive

Children or Young People who demonstrate significant or enduring mental health needs and require support from a number of specialist services.



SCHOOLS & NURSERIES

Intensive Pastoral and nurturing support

Referral: Education

MULTI-AGENCY

Assessment and planning to support C/YP



**EAST RENFREWSHIRE
HEALTH AND SOCIAL CARE
PARTNERSHIP**

SOCIAL WORK

Involuntary or intensive support (e.g. Family Functional Therapy)

Referral: Request for Assistance



EDUCATIONAL PSYCHOLOGY SERVICE

Ongoing support to contribute to planning around a child's education

Referral: Education



Specialist Children's Services

CAMHS

Intensive: outpatient support

Highly specialised: Involuntary or intensive support (e.g. Skye House, Safety Planning)

Referral: GP