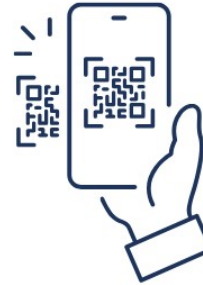


# OUR VOLUNTEERS

www.gen.scot



generation  
scotland

www.gen.scot

## CAROLINE



My hope is that this will help future generations and maybe even me and my loved ones soon. You don't often get the chance of aiding humanity - but this is an easy way!

Make sure your local area is represented in future health research by joining today!

## ELAINE



It embraces the whole of Scotland, including all age groups. I hope that my contribution will help future research, not just for my family, but for Scotland as a whole.

## JEFF



Ten years ago my father passed away from a terminal illness, which was traumatic for our entire family. I joined the study to make a difference to healthcare for the future and help prevent similar experiences for others.



## GOT A QUESTION?

Call: 0131 651 8718

Email: [genscot@ed.ac.uk](mailto:genscot@ed.ac.uk)

Webpage: [www.gen.scot](http://www.gen.scot)

THANK YOU FOR TAKING THE TIME TO CONSIDER OUR STUDY

ARE YOU  
OVER 12  
YEARS OLD  
AND  
LIVING IN  
SCOTLAND?

WILL YOU  
JOIN  
SCOTLAND'S  
LARGEST  
FAMILY  
HEALTH  
STUDY?

# SCOTLAND'S LARGEST FAMILY HEALTH STUDY

[www.gen.scot](http://www.gen.scot)

## ABOUT US

Generation Scotland is the nation's largest family health research study, following how health and well-being changes across generations of families over time.

Understanding why some people develop specific illnesses, while others do not, helps to discover new methods of disease prevention and treatment.

## OUR AIM

To improve the health and well-being of current and future generations

## WHO CAN JOIN?

**Anyone living in Scotland, aged 12 and older can join!**

We would love to encourage new volunteers including every kind of family to join.

We have over **30,000** volunteers across Scotland who have already contributed to over **350** different research projects including mental health, chronic pain, dementia and diabetes.

Participation is voluntary and does not affect your health care. You can change your mind at any time!

**JOIN ONLINE,  
ANYWHERE , ANYTIME**

**IT'S A DODDLE!**

**1**

Read about the study and consent online



**2**

Complete the short survey (20 mins max)



**3**

Provide a saliva sample & pop it in a postbox



[www.gen.scot](http://www.gen.scot)



Use the camera on your device to scan and join today!

