

What's On – November 2024

Angus Groups

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				Monifieth Dementia Cafe *New Monifieth Activity Centre* 2pm-3.30pm
4	5	6	7	8
	Football Memories Gayfield, Arbroath FC 2pm – 3.30pm	Dementia Cafe 10.30 – 12noon Men's Carers Café Arbroath DRC 2pm – 3.30pm	Dementia Cafe 10.30 – 12noon Carnoustie Dementia Cafe Comrie Hall 2pm-3.30pm	
11	12	13	14	15
	Creative Art Project WEEK 1 Arbroath DRC 2pm – 4pm	Dementia Cafe 10.30 – 12noon	Dementia Cafe 10.30 – 12noon	Birkhill Dementia Cafe Millennium Hall 2pm – 3.30pm
18	19	20	21	23
Supporting Forfar Singing Café Trinity Church (formerly East&Old) 2-4pm	Creative Art Project WEEK 2 Arbroath DRC 2pm – 4pm	Dementia Cafe 10.30 – 12noon Brechin Dementia Café Glebe Park 2pm – 3.30pm	Dementia Cafe 10.30 – 12noon Montrose Dementia Café Philos Hub 2pm – 3.30pm	
25	26	27	28	29
	Carers Café Arbroath DRC 10.30 – 12noon Craetive Art Project WEEK 3 Arbroath DRC 2pm-4pm	Dementia Cafe 10.30 – 12noon	Dementia Cafe 10.30 – 12noon Arbroath Boogie Royal British Legion 2pm – 4pm	

For More information contact

Rosemary Moncur

☎ - 07585 700902 - ✉ - rmoncur@alzscot.org

Dementia Resource Centre

☎ - 01241 431770

“Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently **and/or** for those unable to do so should come with a companion who can provide any support for them. *We don't*

provide transport for these groups and therefore it is your responsibility to get to and from this community activity, safely.”

Further details regarding Angus Groups

Angus Dementia Resource Centre (DRC) – 262 High St, Arbroath, DD11 1JE

Arbroath Boogie – Royal British Legion, Helen Street, Arbroath, DD11 3AP

Arbroath Football Memories – held at Arbroath Football Club, Gayfield

Arbroath Creative Art Project – held at the Arbroath DRC

Arbroath Dementia Café's held at the Arbroath DRC

Men's Carers Café held at the Arbroath DRC

New Carer's Café held at the Arbroath DRC

Birkhill Dementia Cafe held at Millennium Hall, Birkill DD2 5NS

Brechin Dementia Cafe held at Glebe Park, Trinity Rd, Brechin, DD9 6BJ

Carnoustie Dementia Cafe held at Comrie Hall, 6 Links Avenue, Carnoustie DD77EP

Forfar Singing Café held at Trinity Church, 38-40 High Street, Forfar DD82EG

Monifieth Dementia Cafe held at the new Monifieth Activity Centre, Riverview Drive, Monifieth

Montrose Dementia Café held at the Philos Hub, Castle Street, Montrose.

Please note the change of venue for the Monifieth Dementia Café.

Dementia Cafés in Angus

Come along and enjoy refreshments in a relaxed and informal setting. The Dementia Cafés offer an opportunity for people living with dementia and their carers to meet others, enjoy an activity, and to socialise. There will be staff on hand to offer support and provide information and advice.

Male Carers Café in Angus

Come along and enjoy refreshments in a relaxed and informal setting. The Male Carers Café offers an opportunity for male carers to meet other gentlemen in a similar situation.

There will be staff on hand to offer support and provide information and advice.

Carers Café in Angus

Come along and enjoy refreshments in a relaxed and informal setting. The Carers Café offers an opportunity for carers to meet others in a similar situation. There will be staff on hand to offer support and provide information and advice.