

What's on



November 2024 - Angus

Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or, for those unable to do so should come with a companion who can provide any support for them. We are unable to provide transport for these groups and therefore it is your responsibility to get to and from this community activity, safely. Please speak to us, so we can support you to explore other transport options.

We are also here for you with a warm drink and company, feel free to pop in. If you are unsure, or have questions about any of the groups, or have an idea for a new group, please let us know. All contact details are below.

Arbroath Groups		
Tuesday 5 th November	Football Memories Arbroath Football Club, Gayfield	2pm - 3.30pm
Wednesday 6 th November	Dementia Café Arbroath Dementia Resource Centre	10.30am – 12 noon
Wednesday 6 th November	Men's Carers Café Arbroath Dementia Resource Centre	2pm – 3.30pm
Thursday 7 th November	Dementia Café Arbroath Dementia Resource Centre	10.30am – 12 noon
Tuesday 12 th November	Creative Arts Project WEEK 1 Arbroath Dementia Resource Centre	2pm - 4pm
Wednesday 13 th November	Dementia Café Arbroath Dementia Resource Centre	10.30am – 12 noon
Thursday 14 th November	Dementia Café Arbroath Dementia Resource Centre	10.30am – 12 noon
Tuesday 19 th November	Creative Arts Project WEEK 2 Arbroath Dementia Resource Centre	2pm – 4pm
Wednesday 20 th November	Dementia Café Arbroath Dementia Resource Centre	10.30am – 12 noon
Thursday 21 st November	Dementia Café Arbroath Dementia Resource Centre	10.30am – 12 noon
Tuesday 26 th November	Carers Café Arbroath Dementia Resource Centre	10.30am – 12 noon
Tuesday 26 th November	Creative Arts Project WEEK 3 Arbroath Dementia Resource Centre	2pm – 4pm
Wednesday 27 th November	Dementia Café Arbroath Dementia Resource Centre	10.30am – 12 noon
Thursday 28 th November	Dementia Café Arbroath Dementia Resource Centre	10.30am – 12 noon
Thursday 28 th November	Arbroath Boogie Royal British Legion	2pm – 4pm

Angus Groups		
Friday 1 st November	Monifieth Dementia Café *New Monifieth Activity Centre, Riverview Drive, Monifieth*	2pm - 3.30pm
Thursday 7 th November	Carnoustie Dementia Café Comrie Hall, Carnoustie	2pm - 3.30pm
Friday 15 th November	Birkhill Dementia Café Millennium Hall, Birkhill	2pm - 3.30pm
Monday 18 th November	Supporting Forfar Singing Café Trinity Church, (Formerly East & Old) Forfar	2pm - 3.30pm
Wednesday 20 th November	Brechin Dementia Café Glebe Park, Brechin	2pm - 3.30pm
Thursday 21 st November	Montrose Dementia Café Philos Hub, Castle Street, Montrose.	2pm - 3.30pm

Contact details for groups:

Rosemary Moncur - 07585700902 - rmoncur@alzscot.org

Angus Dementia Resource Centre – 01241 431770

Our support and activities are only possible thanks to the donations we gratefully receive. There are many ways to support our groups, please speak to any member of staff detailed above for more details. To make a donation, please consider donating to our local Just Giving page <https://www.justgiving.com/fundraising/>

24 HOUR

Dementia  **Alzheimer Scotland**
Action on Dementia

Helpline

Freephone 0808 808 3000
Email helpline@alzscot.org