

Group Clinic Agreement

Before the video group consultation please read the following agreement, by joining the meeting you accept the agreement. If you do not accept the terms, please let us know and we will take you out of the meeting. If you have any further questions, please contact your facilitator.

By participating in this group clinic I agree that:

1. I will respect others when they are sharing, and not be disruptive during the meetings. I will ensure I am conducting my call somewhere I will have privacy and ensure confidentiality of other members is not comprised during the call.
2. I understand I may be removed from the call if my behaviour or background interferences interrupt the meeting.
3. I am happy to share relevant information. For example, this might include my mood scores and other measures. These results appear on a “results board” which supports group discussion and my learning, we will anonymise these results and only you will know which ones correspond to yourself.
4. I am happy to have a one-to-one discussion with the clinic team about my concerns. I understand other members of the group will be listening, and in turn I listen to their one-to-one discussions so that we can all benefit from hearing and understanding our common problems and

finding solutions together. There will be a private 1-1 consultation available if you need further support during the group consultation.

5. I am under no obligation to share any personal information with the group unless I choose to do so and that if I have health concerns, I don't want to discuss in the group setting, I may ask to discuss them privately in a 1:1 consultation, please make your facilitator aware if this is something you would like.
6. Before or during the video group consultation, you can withdraw at any point and any personal information about yourself will be removed from the meeting.
7. All information I learn about group members is confidential. I agree that I will not record nor share any information about other members of the group in conversations outside the group verbally or on social media such as Facebook, Twitter etc or in any other public forum.
8. I understand that if I am more than 5 minutes late to the session, I will not be permitted entry and will have to join another session at a later date.
9. I understand it is my responsibility to ensure that I have adequate anti-spyware and anti-virus protecting installed on my device. I understand that some personal information will be stored on the computer I join

from and if I am joining from a mobile telephone this will only be as secure as any other calls I make on that network.

10. I understand I can change the privacy settings on my device to preserve my personal information. If I want to read about this, I can do so here:

<https://www.ncsc.gov.uk/guidance/video-conferencing-services-using-them-securely>

<https://www.ncsc.gov.uk/collection/top-tips-for-staying-secure-online>

If, after reading this agreement, you no longer wish to attend, please contact us so that we can reallocate your place and help another person keep well and improve their health.

If you have further questions, please watch our video,

- <https://www.youtube.com/watch?v=VfYJ8dAGhCA&t=8s> this link explains in more detail about video group consultations.

Please also read our frequently asked questions, or visit our website where more information and helpful links have been added. If you have further questions, please don't hesitate to ask the facilitator.