

Transform your Tuesdays

with our two-weekly
workshops at Fleetwood
Macmillan Hub. Contact
to book: 01253 955710
1pm - 3pm



30th May - Fatigue Management

13th June - Nutrition with Gill Hill

**27th June - Introduction to exploring minds with
Jacqueline Rhodes**

11th July - Managing Stress

25th July - Benefits Advice

8th August - Holistic Therapy with David Rodgers

22nd August - Local walk and talk

Come along and join us at
the Community HUB,
Fleetwood Hospital, (entry
on) Bold Street FY7 6BE

**MACMILLAN
CANCER SUPPORT**

Refreshments
available !!