



# Peer Inside

**Bereavement peer support**

**Compassionate Cuppa with space to grieve.**



**Loss**

**Disbelief**

**Anger**



**Acceptance**

**Happiness**

**Healing**



**The social prescribers will be holding bereavement support sessions.**

**New dates for 2025**

**At The Coffee Barn**

**3 Crescent East,  
Thornton Cleveleys,  
FY5 3LU**

**Please RSVP**

**01253 204171**

**Friday 28<sup>th</sup> March**

**Friday 25<sup>th</sup> April**

**Friday 30<sup>th</sup> May**

**Friday 27<sup>th</sup> June**

**Friday 25<sup>th</sup> July**

**2:00pm-3.30pm**

