



shine

Drop in Service

The Shine Building

Wednesday 10am – 12noon

Information Advice and Support

- Refugee and Asylum Seeker Support Language and Cultural Issues
- Isolation and Loneliness
- Money and Debt Problems
- Housing Problems
- Benefit and Pip Claims
- Activities
- Low Mood / Anxiety Issues
- Domestic Violence
- Employment / Education
- Refreshments





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Digital Cafe

The Shine Building

Wednesday 2pm – 4pm

Free Wifi and Refreshments

- Build skills and confidence using a smartphone or tablet
- Learn how to use the NHS app book GP appointments easily from your smart phone
- Learn about wellbeing apps
- Refreshments

