



# Guide to Medicines Support Group

**Monthly Medication Support Drop-in Sessions**  
**Last Tuesday of every month @ Shine, Harehills**  
**9.30am-11.30am**

- **Education on medication indications/use**
- **Check of inhaler technique/support with this**
- **Advise on when to take medication to fit in with their daily routine**
- **Managing side effects**
- **Recent discharge (Please note a discharge reconciliation must be completed before a referral is made)**
- **Improving poor compliance with medications**

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Harehills  
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