Timetable Issue date: 31 Dec 2021

**Nuneaton Children & Family Centres (CFC)** Winter Timetable 2022 - Starts 4th January (Except where stated.)





#### Monday

### **Tuesday**

### Wednesday

**Baby Time** 

(from birth to mobile)

Riversley Park AM

**Sensory Baby** 

(from birth to mobile)

**Busy Butterflies** 

Play session for under 5s

**Riversley Park PM** 

#### **Thursday**

## **Friday**

#### **Baby Time**

(from birth to mobile) **Riversley Park CFC AM** 

#### **Chatter Matters**

Supporting speech and language. Camp Hill CFC PM

#### Come Sign With Me Live

Rhymes, songs, stories with Makaton Stockingford CFC & Library PM

#### Don't forget to book!

All activities must be booked in advance (except those on Facebook). **Busy Butterflies sessions** can now be booked online: www.eventbrite.co.uk/o/bar nardos-nuneaton-childrenand-family-centres-38618418783

For all other booking enquiries please contact the Camp Hill Children and **Family Centre.** 

# facebook

@ Barnardo's Nuneaton Children and Family centres.

Ideas. activities, and more.

# **Busy Butterflies**

Play session for under 5s Camp Hill CFC AM

#### **Busy Butterflies**

Play session for under 5s **Edward Street Day Centre PM** 

Camp Hill AM

## Advice and Support

1-to-1 advice and support available from the centres on a wide range of issues. Please contact us for details.

# **Baby Massage**

Courses available at all 3 of our Children and Family Centres. For more details, or to book a place, please contact us.

#### **Wellbeing Walks**

or small groups available on request.

Walk and talk with a member of our team in confidence. 1-to-1

Are you, or is your partner pregnant? Join our wellbeing group: relax, share experiences, gain advice.

#### **Busy Butterflies**

Play session for under 5s **Camp Hill CFC AM** 

#### **Busy Butterflies** \*Starts 13th January\*

Play session for under 5s **Edward Street Day Centre AM** 

#### **Baby Time**

(from birth to mobile) Camp Hill CFC PM

#### **Sensory Baby**

(from birth to mobile) **Riversley Park CFC PM** 

Wellbeing in Pregnancy

#### **Baby Time**

(from birth to mobile) **Stockingford Community Centre** Haunchwood Road AM

#### **Busy Butterflies** Outdoor

Outdoor play session for under 5s **Riversley Park CFC PM** 





### **Makaton**

**Group Signing Courses** available. For more details or to book a place, please contact Camp Hill CFC.

#### **Nuneaton Children & Family Centres Contact Details**

#### **Riversley Park CFC** Clinic Drive, Nuneaton

CV11 5TY Tel: 024 76378600 Open Mon-Fri (8.30 - 4.30pm)

#### Stockingford CFC & Library

St Pauls Road, Nuneaton, CV10 8HW 024 76383708 Open Mon to Fri (8.30am—5pm)

#### **Camp Hill CFC** Hollystitches Road

Nuneaton. CV10 9QA Tel: 024 76344334 Open Mon to Fri (9.00am - 4.30pm)

#### **Other Venues**

#### **Edward Street** Day Centre

120 Edward Street. Nuneaton CV11 5RD

#### **Stockingford Community** Centre

Haunchwood Road. Nuneaton CV10 8DY

Barnardo's Charity Number 216250





# Other Support For Families Winter Timetable 2022







Information, advice, and one-to-one support on a wide range of issues for families with children and young people

aged 0-25 years across Warwickshire.

Phone: 01926 742274

Mon - Fri 9am to 4pm

Email: fis@warwickshire.gov.uk www.warwickshire.gov.uk/fis



For all young people in Warwickshire aged 11-25 years old.

https://www.kooth.com/

#### **WCC Family Support**

Support, advice and guidance for families with children aged 0-19 years (up to 25 years with a disability). Call the Family Support Line on:



01926 412 412

Mon - Fri 9.00am to 4.00pm.

### **Health Visiting**

Your health visiting team can offer support and advice on all aspects of caring for your child. Call your local HV team at: Camphill - 02476357660, St Nics - 02476322067 Riversley - 02476385447 Or text the Text Chat Line on 07520 61529 text anytime.

Texts answered 9am—5pm, Mon—Fri.

#### **NEED HELP?**

Call us on our Freephone number:

0808 250 5715

open Monday to Friday, 9am to 5pm

We also operate: Universal Credit Helpline Freephone:

0808 144 8444

open Monday to Friday, 9am to 5pm

You can email us at: info@brancab.org.uk (Nuneaton & Bedworth) adviser@brancab.org.uk (Rugby)





Act on Energy encourages energy conservation by providing free and impartial advice to householders.

If you are worried about the energy price rise call us on our free advice line.

0800 988 2881



Currently not employed?
Accelerate can help with your CV,
do in-work better off calculations
and build your confidence and skills
to help you prepare for work.
Contact: www.accelerate.org.uk,
info@accelerate.org.uk,
or Tel. 024 76633911.



Download the app at

https:// www.50thingstodo.org/ **Linking Futures** - Provides a range of support for unemployed young people aged 18-29. This initiative is managed by WCAVA.
Contact:

Iinkingfutures@wcava.org.uk
Tel. 02476 385765
or 07703 715162





## Refuge Warwickshire Domestic Violence and Abuse Service

We provide confidential, non-judgemental support, information and options to women and men who live in Warwickshire and are at risk from domestic abuse.

Contact us: **0800 408 1552**