

Good wellbeing should be accessible for everyone. One way to get there is through rewarding and sustainable work; a job that's right for you. Finding the right support to stay in work can provide structure, social networks and a sense of achievement, as well as improved mental health, confidence and self-esteem.

“**IPS, has been an incredible source of support for me! Before speaking with my advisor, I was seriously considering taking sick leave again. However, after our conversation, I feel like I am in a much better place mentally and emotionally compared to when I initially joined the programme.**”

Areas we cover:

- Sandwell and Wolverhampton.
- Birmingham and Solihull.
- Coventry and Warwickshire.



Funded by
UK Government

About Shaw Trust

Shaw Trust is the UK's largest not-for-profit social enterprise providing services and support to enable people to access rewarding employment opportunities.

Thrive into Work:

For more information please contact:

T: 0808 178 3354

E: Thrive@shaw-trust.org.uk

W: shawtrust.org.uk/thrive-into-work/



Or scan here to
find out more

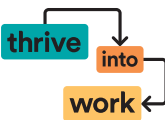
shaw trust



Please email: studio@shaw-trust.org.uk to receive this information in a different format.



Shaw Trust Registered Charity No. England and Wales: 287785, Scotland: SC03985



Retention Support

Providing in-work support to stay in your job if you have a physical and/or mental health condition.

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Joining Thrive into Work will give you:

- One-to-one support to suit your needs and employment goals.
- Support and collaboration with your health care team to help you manage any difficulties.
- Help talking to your employer about your needs at work.
- Regular and ongoing in-person, phone or virtual support.
- In-work support to help you sustain work.

Delivery:

Offering individualised placement support, tailored to the participants needs which can be delivered face-to-face, online and telephone.

Eligibility:

- Must be over 18 years old.
- Registered with a local GP Surgery.
- Individuals on a period of sickness absence or are struggling to retain their job due to their health condition.
- If an individual is already in work, they must have been employed for at least six months and be working a minimum of seven hours per week.

Your Employment Specialist will:



Conduct a personalised initial assessment.



Have discussions about sharing your health conditions with an employer.



Put strategies in place to support participants with wellbeing at work.



Work collaboratively with health care professionals.



Discuss about implementing reasonable adjustments with your employer.



Manage the impact of your health at work.



Develop a return to work plan tailored to support your needs for the long term.

How do I access the service?

Please speak with your GP or health professional or email us at: thrive@shaw-trust.org.uk

Your dedicated Employment Specialist will provide you with a unique blend of practical and emotional support to help you on your journey back in to work.