

Please print and cut out the alert card below and place in your wallet

I am on the following medications that put me at risk of acute kidney injury if I am dehydrated:		
“Medicine Sick Day Guidance” Alert Card	Medicines that need medical advice if you are ill	
<p>When you are unwell with any of the following: Vomiting and diarrhoea (unless very minor) Fever, sweats and shaking</p> <p>Contact a medical professional, this may be your GP, Nurse or Pharmacist.</p> <p>If advised, STOP taking the medicines highlighted overleaf.</p> <p>Restart when you are well (usually 24-48 hours of eating and drinking normally)</p>	ACE inhibitors <input type="checkbox"/>	Medicines ending in “pril” eg. Lisinopril, perindopril, ramipril
	ARBs <input type="checkbox"/>	Medicines ending in “sartan” eg. Losartan, candesartan, valsartan
	NSAIDs <input type="checkbox"/>	Anti-inflammatory pain killers eg Ibuprofen, diclofenac, naproxen
	Diuretics <input type="checkbox"/>	Sometimes called “water pills” eg Furosemide, spironolactone, bendroflumethiazide
	Diabetes <input type="checkbox"/>	Metformin and “gliflozin’s”