

Edition 1

November 2019

**Your PCN
Leadership
Team**

Clinical Director

Dr Lesley Freeman

Assistant Clinical
Director

Dr Sagar Shanghavi

Lead Nurse

Lisa Tindall

Practice Manager Leads
(job share)

Karen Nicholson

Karen Smith

**Primary Care
Development Team
Support Team**

Dawn Gunga

Sonia Robson

Karen Newbould

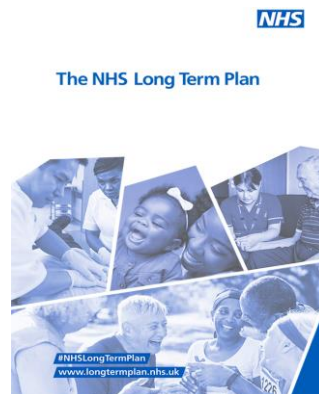
Emma Holgate



LS25/26 PCN Newsletter

Primary Care Networks and the Long Term Plan

In 2018, the government announced £20.5bn of additional funding for the NHS in England by 2023/24. The NHS Long Term Plan launched in January 2019 sets out priorities for how this money will be spent over the next ten years.



The plan focuses on building an NHS fit for the future by:

- enabling everyone to get the best start in life
- helping communities to live well
- helping people to age well

The plan confirms that general practices will join together to form primary care networks – groups of neighbouring practices typically covering 30–50,000 people. Practices will enter network contracts, alongside their existing contracts, which will include a single fund through which network resources will flow.

Primary care networks will be expected to take a proactive approach to managing population health and from 2020/21, will assess the needs of their local population to identify people who would benefit from targeted, proactive support.

The practices in LS25/26 have built upon their existing strong relationships and have now formally entered an agreement to become the LS25/26 Primary Care Network. This is the second largest Primary Care Network in Leeds covering a patient population of 76,000. There will be many exciting opportunities to work at scale to offer improved access, a wider range of services and to integrate primary care with wider health and community services. Details of the LS25/26 PCN Leadership Team can be found to the left.

Useful Publications

- [Improving identification of people with learning disability: guidance for general practice](#)
- [Using Online Consultations in Primary Care – Implementation Toolkit](#)

PCN Member Practices

Garforth Medical Centre

Practice Manager: Lisa Carroll

Lead PCN GP: Dr Aparajit Kakkar

Gibson Lane Surgery

Practice Manager: Gill Collins

Lead PCN GP: Dr Clare Hirst

Kippax Hall Surgery

Practice Manager: Karen Taylor

Lead PCN GP: Dr Jacqueline
Hawkhead

Lofthouse Surgery

Practice Manager: Karen Nicholson

Lead PCN GP: Dr Anna Tarr

Moorfield House Surgery

Practice Manager: Gill Donaldson

Lead PCN GP: Dr Nighat Sultan

Nova Scotia Medical Centre

Practice Manager: Karen Smith

Lead PCN GP: Dr Vishal Kapoor

Oulton Medical Centre

Practice Manager: Hilary Farrar

Lead PCN GP: Dr Lesley Freeman

What is happening in the LS25/26 PCN

Garforth Leg Club

The Garforth Leg Club was launched in April 2019 and currently has over 50 members. This is a joint initiative with General Practice, Leeds Community Healthcare and Garforth Neighbourhood Elders Team (NET) based on the Lindsey Leg Club Foundation social model of care. The weekly club takes place on a Wednesday morning at Garforth NET and is available to patients who require lower leg dressings, lower leg care advice or a Doppler scan. The feedback received has been extremely positive.

We are currently trying to establish a similar Leg Club model in the LS26 area but we are experiencing difficulty in finding a suitable venue for this to take place due to various factors. If you have any suggestions of venues for us to consider please contact Sonia Robson at sonia.robson@nhs.net

Population Health Management

Our PCN was selected as one of four in the city to be part of the first wave pilot for Population Health Management in Leeds supported by NHS England. This involved a whole series of data been produced to identify which cohort of patients could be targeted as part of a population health management approach. The data for our PCN demonstrated that we have a high number of patients living with frailty and when this data was further analysed it was agreed that we would focus on patients with severe frailty and dementia. This amounted to 234 patients.

As part of a multi-disciplinary team approach we have started to assess these patients and to develop a care plan to support their care in their preferred setting with involvement from the patient, carer, home care team and community healthcare services.

Diabetes Pilot

The LS25/26 PCN was selected to be part of a pilot for Diabetes. This involved identifying newly diagnosed patients and under observation, removing their medication to prescribe a low calorie liquid only diet with a view to reversing their diagnosis. The pilot is ongoing and the results will be shared when they are available.

Useful Information

Leeds Directory

Leeds Directory is an online tool to support patients to live well by connecting them to checked and vetted local services and tradespeople as well as local activities and events, a link can be found here <https://www.leedsdirectory.org/>

Improving Diabetes Outcomes in Leeds (IDOL) Training Dates

Three free training dates available to Leeds based Primary Care Clinicians. Registration can be made via the Eventbrite website - <https://www.eventbrite.co.uk/o/calibre-diabetes-service-idol-programme-26683839457>