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Tuesday 14th November 2023

Stourport Medical Centre 8.30 - 10.00 am

Bewldey Medical Centre 11.15 - 12.45 pm

Hagley Surgery 2.00 - 3.30 pm

Wednesday 15th November 2023

Church Street Surgery 8.30 - 10.00 am

Kidderminster Medical Centre 2.00 - 3.30 pm

Come and Join us!

Diabetes — Self Management — Taking

Control ...

We will have patient leaflets and information on

- Foot care
- Diabetes retinopathy
- Structured education
- Diabetes prevention programme
- · Your 9 key checks
- Diabetes and Kidney health
- The importance of sleep

Sarah Almond, Diabetes Nurse Specialist, will be there to answer any questions!

