

# The Veteran's MENTAL HEALTH CARERS CAFÉ

Connect with other carers of veterans



You are invited to a safe place to connect with other carers of veterans, to discuss common themes and support each other.

**10:00 to 12:00**

On the third Tuesday of the month  
Shelley Village Hall

Huddersfield Road, Shelley, HD8 8HE

**The Rural Veteran's Hub**

Charity 1204103

Fb: @ruralveteranhub

**Tel: 07394 630371**

ruralveteranshubs@gmail.com

**NHS**  
NHS West Yorkshire  
Integrated Care Board (ICB)

**tsl**  
KIRKLEES  
SUPPORTING  
COMMUNITIES