



**GREAT WEST ROAD
PCN**

TOWARDS A HEALTHIER FUTURE

Great West Road PCN Newsletter

WELCOME! This is the first edition of your Primary Care Network newsletter. You are receiving this newsletter as your GP practice is a part of the Great West Road PCN. These newsletters will be published on quarterly basis to keep you updated with any developments and news surrounding the PCN.

JAN 2022

What is a Primary Care Network?

PCNs build on existing primary care services and enable greater provision of proactive, coordinated and more integrated health and social care for people close to home. GP practices are working together with community, mental health, social care, pharmacy, hospital and voluntary services in their local areas in groups of practices known as primary care networks (PCNs).

Our PCN has a collective patient population of over 60,000 and we believe we are optimally sized to enjoy the benefits of working at scale, whilst still being able to provide to personalized care.

Great West Road Practices

There are 8 practices that make up the Great West Road PCN. These are listed below:

1. Crosslands Surgery
2. The Jersey Practice
3. Cranford Medical Centre
4. Skyways Medical Centre
5. Clifford Road Surgery
6. HMC Health Heston
7. Healthy in Your Own Skin (Firstcare)
8. The Medical Centre

1 Crosslands Surgery
1 Crossland Avenue
Southall UB2 5QY
Tel: 020 8574 1906

2 HMC Health Heston
Heston Health Centre
25 Cranford Lane
Hounslow TW5 9ER
Tel: 020 8630 1011

3 Cranford Medical Centre
24 High Street
Hounslow TW5 9RG
Tel: 020 8564 8696

4 Skyways Medical Centre
2 Shelley Crescent
Hounslow TW5 9BJ
Tel: 020 8569 5688

2 The Jersey Practice
Heston Health Centre
25 Cranford Lane
Hounslow TW5 9ER
Tel: 020 3411 1404

6 The Medical Centre
3-5 Cecil Road
Hounslow TW3 1NU
Tel: 0208 572 2536

5 Clifford Road Surgery
65 Clifford Road
Hounslow TW4 7LR
Tel: 020 8577 5304

6 Healthy in Your Own Skin
The Blenheim Centre
Prince Regent Road
Hounslow TW3 1NL
Tel: 020 8630 1111



The Main Benefits Of A PCN As A Patient

- PCNs bring clear benefits for patients, general practice and primary care
- Patients will be provided with a wider range of health and wellbeing services
- Investment will be seen by all patients no matter which practice they are registered with
- All PCN practices will be offering patient's the services of a First Contact Physiotherapist, Social Prescriber, Pharmacist, Physician Associate and Paramedic
- All services will be tailored to help support the needs of the local population
- Working together, we can ensure better care of your health and improve your quality of life

Upcoming Projects - Social Prescribers

Who are the Social Prescribers?

Their role is to refer patients to a wide range of support services in the community to improve their wellbeing by connecting them to appropriate community groups and services)



connect



We have been conducting group sessions for cohort of patients to make our service more accessible.

In January, we have conducted Mood Management Group Sessions, where guest speakers were invited from Hounslow Recovery College and WWT London Wetlands Centre. The participants found the sessions very beneficial with the information and experiences that were shared.

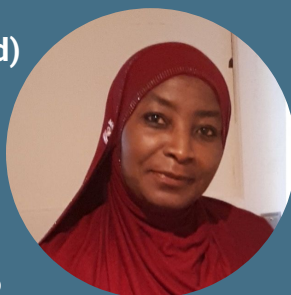
We recently won funding to pilot Social Prescribing Innovation Project (SPIP-funded by Healthy London Partnerships) to work with Asylum Seekers and Refugees residing in Hounslow hotels. We are currently working with Osterley Park Hotel and St Giles Hotel residents.

In February, we will be attending the Health Roadshows within the Community. We will be at St Mary's Church with St Luke's Osterley Road, Isleworth on Wed 15th February.

Meet Our Social Prescribers

Khadijah Arije (Team Lead)

Khadijah is passionate about in people's wellbeing, health inequalities, community development services and Public Health. She enjoys being a Social Prescriber; empowering people to take control of their wellbeing, finding out what is important to them and supporting in achieving their goals.



Anais Elena-Fernandez

Anais joined the team in September 2022. Being an advocate for health equity, she believes in Social Prescribing as a key instrument to improve individuals' health and wellbeing. She is eager to support patients finding their voice and inner strength.



Gosia Chmielewska

Gosia has been working as a Social Prescriber Link Worker for the past 9 months. As a human being, she has genuine empathy, enthusiasm, and strong dedication to caring for others and trying to make the world a happier, healthier, and more equal place.



Upcoming Events!

Come Along To The Great West Road Health Roadshow On Wed 15th Feb 2023

11am - 3pm

St Mary's Church With St Luke's
Osterley Rd, Isleworth,
Middlesex Tw7 4pw

For further information and queries, please contact
GWR.PCN@nhs.net

