WEST GPs



West4GPs Practice Leaflet



West4GPs
Chiswick Health Centre
Fishers Lane
W4 1RX

Phone: 0208 630 3518 Email: west4gps@nhs.net

Website: https://www.west4gps.co.uk/



The practice was founded in 1907, moving from Dukes Avenue to the Chiswick Health Centre in 1978. We are a team aiming to offer excellent medical care, mixing traditional values with up to date medical knowledge.

Our Staff and Services

Services we offer

At the practice we have a clinical team to offer the following services:

• GP consultations

Child immunisations

HRT / Contraceptives

Smear tests

• Injections e.g B12

Blood pressure checks

Travel vaccinations

Wound dressings

• ECG

Diabetic reviews

Blood tests

Urine testing

Asthma reviews

Health checks

INR testing

Our Clinical West4GPs Team

GP Partners

Dr Yolanda Holderness

Dr Jennifer Chisholm

Dr Rabia Razak

BMBch MRCGP DRCOG

MBChB MRCGP DRCOG

MRCGP MBBS

Salaried GPs

Dr Monica Singh

Dr Shital Tirodkar

Dr Rahna Rehman

Practice Nurses

Sally Higgins

Joanna Pitt

Healthcare Assistants (HCA)

Sheuli Hinchey

Sherri Brown

Nemat Saeed

Throughout the year we also have medical students from Kings College University and Imperial College who may be involved in a consultation with yourself (with your consent) to assist them with their education.

Opening Hours and OOH

Opening Hours

Monday	8.00am – 6.30pm
Tuesday	8.00am – 6.30pm
Wednesday	8.00am – 6.30pm
Thursday	8.00am – 6.30pm
Friday	8.00am – 6.30pm
Saturday	8:30am—12:00pm
Sunday	CLOSED

You can call the practice on 0208 630 3518 or pop in to reception.

Out of Hours Services

	Days	Holly Road Medical	Gill Medi- cal Centre	Skyways Medical	Spring Grove	Heart of Hounslow
		Centre		Centre	Medical Practice	
ı	Mon-	18:30-	18:30-	18:30-	18:30-	18:30-
ı	Friday	20:00	20:00	20:00	20:00	20:00
9	Saturday	8:00-20:00	8:00-20:00	8:00-20:00	CLOSED	CLOSED
	Sunday	CLOSED	8:00-20:00	8:00-20:00	CLOSED	CLOSED

You can book to be seen in the Holly Road OOH by contacting our practice.

For the other OOH services these are accessible via 111.

Accessing the Practice - appointments

Booking an Appointment

All GP appointments at the practice are now requested via SystmConnect. Patients are able to submit a request for a GP appointment, medication, letters or admin help throughout the day and will receive a response from the doctor within 24 working hours. All SystmConnect requests are triaged by a doctor who advises and responds to you directly. This response includes but is not limited to signposting to another appropriate service or a direct link to book an appointment with a doctor at a time that suits you. Please note that booked phone calls will not necessarily be at the exact time you have chosen.

You have the right to express a preference of practitioner. Please make this known in your request form and the team will do their best to accommodate this if booking you directly, or you will be able to choose yourself via the self book link sent.

We have found the system to be a great success, and has improved patient accessibility to GP appointments by removing the 8am and 12pm rush on the phones. Also as a result of this our phone lines are answered quicker by the reception team.

All nurse and HCA appointments can be booked in advance, usually by a minimum of 2 weeks, and you can do this by calling reception or visiting our reception desk.

Routine vs Urgent

All GP appointments at the practice are requested via SystmConnect, whether that be routine or urgent. As all requests are triaged by the oncall doctor, no request gets missed and they are triaged for their urgency and then actioned accordingly. If you feel your request is urgent, please specify this in your form submission.

In the event of an emergency or any red flag symptoms, please do not contact us and contact 999 or visit A&E immediately.

It is the responsibility of the patient to keep their appointments and to inform the practice as soon as possible in the event they cannot attend.

Accessing the Practice - housebound patients

Housebound Patients & Home Visits

If you are restricted and cannot leave your home due to medical reasons, the practice can offer a home visit. These are strictly for housebound patients.

To be deemed as housebound and eligible for a home visit, patients must be either bedbound, not be able to leave the house at all, or severely immobile.

If a home visit is required please call us before 11.00am where possible. We operate a telephone triage service for house visit requests which means a doctor will contact you/your carer by telephone to assess if a visit is needed. If required, the doctor will then make the necessary arrangements for a doctor to visit later that day or another day.



If you have a GP query or wish to speak to the doctor without a visit, you can book a telephone consultation with the doctor by completing a SystmConnect form online or call reception and they will help you with this.

If you need assistance outside of our opening hours, please call NHS 111. In the case of an emergency, day or night, please contact the emergency services via 999.

Housebound patients have the additional option to order prescriptions via their chemist or over the telephone to the practice, if they cannot use the online service.

Disabled Access

The practice is completely accessible for wheelchair and mobility scooter users.

There are wide entrance doors and a lift attending each floor of the building.



On our floor there is a designated accessible toilet for use in addition to others in the building. The waiting room is large to accommodate for all patients.

Registering at the Practice

How to Register

Patients can register at the practice using our Online Registration Form (link below). The same form is used for both adults and children.

https://www.west4gps.co.uk/practice-information/join-our-practice/

Alternatively you can pop down to reception and complete a paper form—but we kindly ask to use online where possible as it is processed a lot quicker.

The practice kindly asks that patients provide a proof of ID and address at the time of registering. If using the online form you will be asked to email it to us.

Catchment Area

Please see image below for our catchment area. This can also be found on our website: https://www.west4gps.co.uk/practice-information/join-our-practice/



We are happy to register new patients who live in our practice area.

We encourage all new patients see our HCAs for a New Patient Health Check.

How to Order Repeat Prescriptions

If you require a prescription of an item that appears on your **repeat** list, then please use the online service or bring your repeat slip to the surgery. Online is quicker and easier and can be done on any internet browser or you can download the Systmonline or Airmid app. Once on the site or app please follow the instructions below:

- Enter your login details. (If you need these reset because you have forgotten them then please send us an email or call reception and we can reset).
- Once logged in click Request Medication
- Tick the boxes of the medication you would like to order. (If your items cannot be ticked this is because it is not due yet OR it needs a medication review. To request this please see further down the page).
- Once your items are ticked, press Continue

Please note the online service is only used for items, quantities and doses that appear on your repeat list, and is not for repeat dispensing. If you would like to request something that does not appear on your repeat list, you will need to complete a Systmconnect form to book a consultation call with a GP.

For **medication reviews** please use the online service or bring your repeat slip or written note to the surgery. For online, login to Systmonline and go to Request Medication. Under your list of medications there will be a Custom Request box, please tick this and then type in the free

text box that you need review. If you do not need all your medications, please state the name of the medications you require.

○ Make custom request	
Medication request notes You can use this field to create a custom medication request using free to	ext

For **contraception or HRT** medication, please complete the relevant form found on the Systmconnect website. It cannot be ordered where you order your repeats.

Note we do not take requests for medication over the phone. The only exception to this is housebound patients ordering repeat medication.

Please allow two full working days for your prescriptions to be completed.

Your Data and Confidentiality

Your data - who sees it?

Your GP record contains identifiable data such as your name, date of birth and address. This data is available on the NHS system for organisations such as hospitals and screening services. However information is only ever shared when necessary to other healthcare professionals involved in your care such as community physiotherapy teams. Your GP record can be viewed by all those who work for West4GPs via our clinical system, SystemOne.

Patients have the right to expect that their personal information will be kept confidentially by the practice. We are registered under the Data Protection Act. From time to time the practice compiles statistics which support audit and research. Patient's information will, wherever possible, be anonymous and you are free to decline to participate in audit/research if you wish so, with no impact on your care.

Data Confidentiality

At the practice, we can only share information regarding a patient with them directly, unless the patient is under the age of 16. This includes test results and appointment information. Patients can write to the practice to inform us that they give explicit consent for us to speak to another person on their behalf. For example a husband and wife, sibling, or child. Patients can also complete the carers form to grant their official carer or family member permission.

Shared consent can be restricted to certain actions such as booking appointments, or can be full permission to speak on behalf of the patient if they are not available or are able to do so themselves.

As mentioned above your data is only ever shared with other healthcare professionals that are involved in your care via the clinical system or NHS communication in letters or secure emails.

Suggestions, Complaints & Behaviour

Suggestions & Complaints

We aim to provide a high standard of service. If you have a comment, or suggestion, you can inform the practice by asking to speak to the Practice Manager or Assistant Manager, or it can be put in writing to us via letter or email.

Whilst we aim to resolve all patient queries, should you wish to make a complaint, you can speak with the Practice Manager or put the complaint in writing. We will always acknowledge your complaint and aim to respond in a timely manner.

Our complaint procedure can also be found on our website: https://www.west4gps.co.uk/practice-information/policies-and-procedures/

Patient Behaviour

Patients at the practice will be treated with respect and courtesy at all times. Our staff also expect the same courtesy from patients.

Patients that display aggressive behaviour towards any member of our staff, in person or on the telephone, will receive a written warning. If another event occurs within 12 months of this warning, the patient will be deducted from the practice.

Violent and abusive patients will be asked to leave the premises immediately. The police will also be called if necessary and you will be removed off our list with immediate effect.

