## Could your patient be suffering with Long COVID?



## **Post COVID symptoms include**

Headaches

Dizziness

Joint pain

Brain fog

🎇 Fatigue

Cough

**Anxiety** 

Chest pain

**Breathlessness** 

• Palpitations

Low mood

🧱 Sleep disturbance

Pins & needles

Altered smell & taste

## Please refer to the Long COVID service if your patient is experiencing unresolving symptoms, affecting daily living/work.

The service accepts referrals for adults and children over the age of 16 who have had post COVID symptoms for longer than four weeks, or have been clinically diagnosed with Post COVID symptoms.

To learn about symptom management visit www.yourcovidrecovery.nhs.uk

For any advice please email: **LongcovidMailbox@uhl-tr.nhs.uk**To refer please use LLR integrated care Board PRISM Referral form