

DUDLEY WOMEN'S HEALTH HUB MENOPAUSE CAFE

**TUES 3RD
JUN**

**5:00PM
UNTIL
7:00PM**

**HALESOWEN
LEISURE
CENTRE, GREAT
CORNBOW,
HALESOWEN
B63 3AF**

We are delighted to invite you to come and join us for our menopause cafe event. An afternoon of relaxed chat, support and discussion around peri-menopause and menopause over a cup of coffee.

The event will include conversations around how it can affect women and what help and support is available both for self-care and HRT and other medical treatments. The session will be led by Dr Victoria Hobbs and will be relaxed, friendly and sensitive.

The café is aimed at supporting local patients and communities and there will be a warm welcome for everyone.

**To find out more or book your space, please
email dgft.place.comms@nhs.net or ring
Jessica Colley on 07854845052**