



**Lapal Medical Practice Patient Participation Group
Record of Meeting held on Tuesday 21st January 2025**

Present: PL, CS, DS, JS, Jills, DF, JSt, SB.

Apologies: TH, DSm, HT, CC, MJ.

Minutes of the last meeting: were signed as a true record.

Practice News: The box for correspondence for the Practice, that was suggested at the last meeting, has arrived and will be positioned in an appropriate place.

Newsletter: JSt has started collating the subject matter that was discussed at the last meeting in readiness for the spring newsletter which is due out in March. Included will be the missed appointments, promotion of the NHS app, advantages of retaining your personal health records, NHS health check for over 40's, locations of 'Places of Welcome' in the local area.

District Meeting: JS updated the meeting with a summary of the subject matter of the meeting that himself and Jills attended on 10th December. 23 people attended the meeting – the Dudley NHS 10 year plan workshop – which was part of the public consultation. It was a structured meeting with pertinent questions pertaining to the required information regarding values, hopes, what should remain the same, and what should change. Technology issues were discussed, with misgivings about AI and the impersonality of it. The three main areas for the consultation appeared to be moving care to community, AI and prevention. This is the beginning of the 10 year plan, and further information can be found on the Dudley Health Authority web site.

Web Site: The web site is up to date.

AOB: Information on Menopause and living with Fibromyalgia to go on the notice board. Awareness sessions are not such a viable option at the present time, maybe revisit the issue later in the year.

Date of next meeting: Tuesday 25th March at 6.30pm.