

Unplanned pregnancy?
Pregnancy loss?



We are here to help you Tel: 020 8892 8483

SEEN provide a safe space to support those facing unplanned pregnancy and baby loss.

- Support with pregnancy choices
- Support after abortion
- Support after miscarriage or other pregnancy loss
- Befriending during and after pregnancy
- Support for partners and family

We also deliver healthy relationship and sex education to empower and nurture our community.



Contact us

Tel: 020 8892 8483 Text: 07776 482350 hello@seen.charity www.seen.charity

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FREE • UNBIASED • CONFIDENTIAL