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Withington, Old Moat and Ladybarn Neighbourhood Partnership **Priorities Update** 















## **Priorities Chosen Collectively**

- Reducing Social Isolation
- Improving Access to Information and Communication
- Working towards an Anti Poverty neighbourhood



#### Your Recommendations

#### **Reducing Social Isolation:**

- Promotion of existing social activities through neighbourhood newsletter & GP's.
- Bring services to meet people face to face especially good for those not online.
- Do targeted work with population groups who experience social isolation, understand their challenges and evidence the impact of intervention.

# Improving Access to Information and Communication

- Promote support for all ages.
- Engagement based around food, build on food clubs, communal meals.



#### Your Recommendations

# Working towards an **Anti Poverty** neighbourhood

- Co locate workplaces and services to improve the ways we work together and how people can access us.
- Working collectively as a neighbourhood partnership on one priority to help us see the impact.
- Services consistently offering drop ins/outreach, not as a one off.



## What We Have Been Doing (1)

- Funding received for continuation of neighbourhood newsletter for 12 months.
  GP's provided with information on how to be distributors of newsletter and also given electronic copies for their websites/patient facebook pages.
- A Men's Health Steering Group has been developed for the neighbourhood involving Be Well, local GP's, MLCO & Mandem Meetup to help enable collaborative practice to highlight need, develop and promote men's health initiatives across all sectors in the neighbourhood.
- Be Well Health Checks now providing health checks from a new community venue in Withington in partnership with Withington Baths.
- Regular Care Coordinator & Care Navigator Service meetings at WPHI to help share knowledge between our community-based workforce and those in practices to support our population health priorities but also to enable more signposting of patients into community provision (when appropriate). Guest speakers last month included Withington Assist, Christies and Maggie's Centre.
- Volunteer Ambassador meetings led by Ladybarn Hub and Withington Baths

## What We Have Been Doing (2)

• Working with the C.A.R.E partnership we have developed a series of targeted engagement opportunities at:

Withington and Fallowfield Foodbank & Quid's in Affordable Grocers running weekly April 4<sup>th</sup> – Aug 29<sup>th</sup>.

**Aim:** To bring services out to people experiencing food insecurity, in places that work best for them to help us achieve all 3 of our neighbourhood priorities.

**Why?:** Beyond basic needs like food and shelter, poverty can also lead to additional effects including poor physical, social and emotional health, limited education opportunities, reduced employment prospects, inadequate housing, and a higher likelihood of experiencing violence or crime.

Booked in so far: Energyworks (groundworks), Manchester Carers, Be Smoke Free, Care Navigation Service, Citizens Advice, Mandem Meetup, Be Well, Manchester Case Management - more spaces left for other to join in if they can, just let me know!



#### What is Next

From local data on the Index of Multiple Deprivation we can see 2 'hot spot areas' for people experiencing the highest level of deprivation in our neighbourhood, one is in Old Moat and one is in Ladybarn. We can also see that the population groups who are experiencing the highest deprivation are of working age (26-65).

The Index of Multiple Deprivation combines data from seven domains: income, employment, education, health, crime, barriers to housing and services, and living environment.

We (Neighbourhood Partnership Members and C.A.R.E partnership members) have applied for health and wellbeing budget to hold events where these people live, bringing services and support that may benefit them, to them.

When: Old Moat Event to take place prior to summer holidays to enable signposting to HAF activities for families with children. Ladybarn Event to take place after summer to enable preparation for winter.



# Additional Info about C.A.R.E Partnership

(Paula)



#### How You Can Support

Please take a look at the sheets I have provided to indicate how you would like to be involved in these events.

No pressure to say YES to everything or anything, but if you have the capacity and willingness then we would love you to be involved!

