

RWT PCN NEWSLETTER

SUMMER 2025

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DR STONE

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WELCOME

Welcome to the RWT PCN Summer Newsletter. We hope that you have all found some time to enjoy the sunshine and that you find our latest newsletter useful. In terms of updates, Dr Olomolaiye and myself are now joint Clinical Directors for our eight GP practices; whilst Dr Burrell has left this role he remains working with us, and I would like to thank him for all his hard work over the past years. We are already looking at future developments that will be coming into primary care, and how we can best use them to improve care for you: we would like to involve our patients in the journey, so, if you are keen to be involved, please email rwh-tr.primarycare@nhs.net, call your practice or join your practice's Patient Participation Group (PPG).

On a personal note, I continue in my role as Research Lead for the RWT PCN and am pleased to be joined by our new Research Nurse, Alison Hardwick. I have also been appointed as the West Midlands Research Delivery Network Primary Care Lead. There is growing national momentum to enhance and support research participation in primary care, and we're excited to be part of that movement. This means we'll be able to offer you more opportunities to get involved—whether that's through a simple survey or by accessing new treatments as part of a study. Every voice matters, and your involvement will help us improve care for everyone.



Dr Anna Stone
GP and Clinical Director

COALWAY PROPOSED RELOCATION

As you may be aware, we are looking at the possibility of a potential relocation from Coalway Road Surgery to Warstones Health Centre. Coalway Road patients are being asked to give their views on the proposed move and have until 1 September to leave feedback via a number of different ways. Patients will be provided with any necessary updates as and when we have additional information.



ONE ISSUE PER APPOINTMENT

We just wanted to take the time to remind you all that when requesting an appointment via



Total Triage you must fill in a separate form for each health concern you have. Similar to the appointment process before we launched the Total Triage system where you would book one appointment per health concern. This is so that the GP can make an accurate assessment of each individual concern. Please note that you may be directed to an alternative service or healthcare professional to help with one or more of your health concerns, for example, A&E, your local pharmacy etc.

Please ensure you provide as much information as possible per form.

WEIGHT LOSS INJECTIONS (MOUNJARO)

New community-based weight management services are being developed across the Black Country to support safe and effective access to tirzepatide (Mounjaro®), a medication that can help with weight loss and related health conditions. We anticipate these will be available via primary care from September 2025.

As part of a phased approach, the first group of patients who may be eligible will include those who:

- Have a BMI of 40 or more (or 37.5 for people from minority ethnic backgrounds),
- And have obstructive sleep apnoea on CPAP (or where CPAP is not tolerated)

And have at least three of the following long-term conditions:

- Type 2 diabetes
- High blood pressure (hypertension)
- Cardiovascular disease
- Dyslipidaemia



Other patients who meet the broader NHS criteria (BMI \geq 40 and four or more related health conditions) may become eligible in later stages.

Please do not contact the practice about tirzepatide at this time. If you are eligible, you will be contacted by your practice.

VACCINATIONS

Flu season is coming! Are you eligible for your flu and COVID-19 vaccinations? From September, those who meet one of the following criteria below will be sent an invitation:

- pregnant women
- all children aged 2 or 3 years on 31 August 2025
- primary school aged children (from reception to year 6)
- secondary school aged children (from year 7 to year 11)
- all children in clinical risk groups aged from 6 months to less than 18 years

From October the remaining eligible participants (see below) will receive an invitation:

- those aged 65 years and over
- those aged 18 years to under 65 years in clinical risk groups
- those in long-stay residential care homes
- carers in receipt of carer's allowance, or those who are the main carer of an elderly or disabled person
- close contacts of immunocompromised individuals
- All frontline health care workers, including both clinical and non-clinical staff who have contact with patients



CONTRACEPTION & SEXUAL HEALTH

Contraception

Did you know you can book in for LARC (Long Acting Reversible Contraception), which is the most effective method of contraception, at our GP practices? LARC refers to implants and intrauterine devices (IUDs) that provide long-term pregnancy prevention without daily attention. If you're interested in one of these methods of contraception, contact your practice who will be happy to talk through the options.



Cervical Screening

If you are aged 25-34 and have been invited to book a cervical screening appointment, did you know you can now book evening appointments via Embrace?

Their clinic dates/times are:

Mon-Thurs, 9am-8pm

Friday, 9am-5pm

Appointments are available at New Cross Hospital, West Park Hospital and Bilston Health Centre. To book, call 01902 444444 and quote "OPEN ACCESS".

PrEP awareness week

HIV Prevention England launched a campaign over the summer, to raise awareness of PrEP (pre-exposure prophylaxis), a medication that stops you getting HIV, and if taken before being exposed to HIV, it can prevent HIV acquisition. We want to help spread that message, so be part of the generation that stops HIV, visit www.startswithme.org.uk for more information.

WOMEN'S HEALTH EVENT

The event, which took place on Saturday 10 July at Penn Manor Medical Practice, attracted more than 100 women across Wolverhampton.

Organised by our PCN, the session featured interactive presentations led by Dr Shivaleela Bailwad and a panel of guests specialising in menopause, mental health, sexual health, cancer screening and more. We are already in the process of planning follow-up initiatives, including deeper-dive workshops and pop-up health screenings so watch this space.



SUPPORT FOLLOWING THE LOSS OF A LOVED ONE

We have recently developed a booklet which contains useful and important information for those dealing with the loss of a loved one – this includes practical help, resources, and much more. You can access the booklet via [our website](#) or ask a member of staff for a printed copy.



TETTENHALL ROAD POST RELOCATION FEEDBACK

Following the relocation of Tettenhall Road Medical Practice to West Park Surgery on 28 April 2025, the practice invited patients to share their experiences. Feedback was collected via text message surveys and paper copies which were available in the practice between 1–22 July 2025.



Overall, responses were positive. Patients appreciated improved access to clinical staff, a cleaner and more welcoming environment, and better facilities including increased parking. However, some patients expressed concerns about the new location being less accessible, especially for those without personal transport.

Patients were informed of their options to register elsewhere and provided with contact details for the Patient Advice and Liaison Service (PALS). We urge patients to continue to let us know of any reasonable adjustments they require.

BE PART OF RESEARCH

Life saving treatments start with people like you. [Be Part of Research](#)



makes it easier than ever to find and take part in health and care research. The free online service matches volunteers to health and care studies, based on your interests, taking place online or at locations near you.

Simply sign up online and choose the areas of research you're interested in. You'll be matched to suitable studies and sent clear information about what's involved and how you can take part, if you choose to.

Whatever your state of health, you can help find new and better ways to treat conditions, and improve care. You can even take part as a healthy volunteer. Your family may have been particularly affected by a particular condition, or you may have experienced an illness and want to make life better for others living with it.

ARE YOU FOLLOWING US ON SOCIAL MEDIA?

If you're on social media and aren't already following us, check out our channels and keep up-to-date with our latest news. Also, make sure you visit our website:

www.rwtprimarycare.nhs.uk

Keep up-to-date with our latest news and events



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