



# LATEST NEWS

Firdale Medical Centre, July-October

### In this issue:

- Flu & Covid Clinics
- Mammograms
- Test results
- New childhood immunisation schedule
- The Firdale Family
- The Firdale Flame

### Flu & Covid Clinics

Our Flu & Covid clinics are well underway! Our weekend clinics have been and gone but we do still have some injections leftover.

If you are eligible you will receive a message from us requesting you to book into one of clinics.

On arrival please make sure your arm is out, and ready to receive the vaccines.



### Mammograms

Once a female reaches the age of 50, she will be invited for a breast screening (mammogram). This will take place every 3 years until the age of 71.

The test is essential, as it checks that your breasts are healthy. It can find small changes in your breasts that are too small to see or feel. These changes can sometimes grow and become cancer.

**If you are 71 or over** you will not automatically be invited for your breast screening, but you can still opt in to have this every 3 years if you wish to do so. All you need to do is call your local breast screening service for an appointment. Here in Northwich– it is Crewe Breast Screening Unit, 01270 612396.



### Test Results

When a test is ordered, the results will always return to the department that requested it.

For example, if Haematology at Leighton request you to have bloods taken, the results will be sent to Haematology, we cannot access them and you will need to contact the Haematology department to retrieve the results.

If your test was requested by a Firdale Medical Centre member of staff, you can request the result by going onto our website- selecting ‘submit a new request’ in the green bar- ‘I have an admin request’- input your details then select ‘Test results’. You can then type the specific test you want the result of.

Childhood Immunisation Schedule

From 1st July 2025, there has been changes in the childhood immunisation schedule. Babies who have no received their 12-week vaccination (as of July 1st) will move to the new schedule. Babies who have had their 12 weeks vaccines already before this date, will remain on the previous schedule.

To learn more, you can follow the below link:-

<https://www.gov.uk/government/publications/routine-childhood-immunisation-schedule/routine-childhood-immunisations-from-1-july-2025-babies-born-from-1-july-2024>

Age due	Vaccines that protect against		Vaccine given and trade name	
Eight weeks old	Diphtheria, tetanus, pertussis (whooping cough), polio, Haemophilus influenzae type b (Hib) and hepatitis B		DTaP/IPV/Hib/HepB (6 in 1 vaccine)	Infanrix hexa or Vaxelis
	Meningococcal group B (MenB)		MenB	Bexsero
	Rotavirus gastroenteritis		Rotavirus	Rotarix <sup>2</sup>
Twelve weeks old	Diphtheria, tetanus, pertussis (whooping cough), polio, Haemophilus influenzae type b (Hib) and hepatitis B		DTaP/IPV/Hib/HepB (6 in 1 vaccine)	Infanrix hexa or Vaxelis
	MenB		MenB	Bexsero
	Rotavirus		Rotavirus	Rotarix <sup>2</sup>
Sixteen weeks old	Diphtheria, tetanus, pertussis (whooping cough), polio, Haemophilus influenzae type b (Hib) and hepatitis B		DTaP/IPV/Hib/HepB (6 in 1 vaccine)	Infanrix hexa or Vaxelis
	Pneumococcal (13 serotypes) • If received pneumococcal at 12 weeks give Men B		PCV	Prevenar 13
One year old (on or after the child's first birthday)	<b>Born before 1 July 2024</b> Pneumococcal Measles, mumps, rubella MenB Hib/MenC (if Hib/MenC exhausted give DTaP/Hib/IPV/HepB)	<b>Born on or after 1 July 2024</b> Pneumococcal Measles, mumps, rubella MenB	PCV MMR MenB Hib/MenC	Prevenar 13 MMRvaxPro or Priorix Bexsero Menitorix
	<b>Born before 1 July 2024</b> No appointment	<b>Born on or after 1 July 2024</b> DTaP/IPV/Hib/HepB Measles, mumps, rubella	DTaP/IPV/Hib/HepB MMR	Infanrix hexa or Vaxelis MMRvaxPro or Priorix
Three years four months old or soon after	<b>Born before 1 July 2024</b> Diphtheria, tetanus, pertussis and polio Measles, mumps, rubella		dTaP/IPV	REPEVAX
	<b>Born on or after 1 July 2024</b> Diphtheria, tetanus, pertussis and polio		MMR	MMRvaxPro or Priorix
Boys and girls aged twelve to thirteen years	Cancers and genital warts caused by specific human papillomavirus (HPV) types		HPV	Gardasil 9
Fourteen years old (school Year 9)	Tetanus, diphtheria and polio		Td/IPV	REVAXIS
	Meningococcal groups A, C, W and Y		MenACWY	MenQuadfi

The Firdale Family

Let us introduce you to Jo, our Head Receptionist! If you have been into the surgery you have most likely seen Jo’s friendly face behind the reception desk.

How long have you worked at Firdale? 4 1/2 years

What are your daily tasks? My daily asks are making sure we have enough appointments, checking each day if there is an acute clinic and briefing the on-call GP every day. The first few hours of the day are very hectic as we need to make sure we get the urgent cases in first and utilise the acute clinics. I also do the room rotas on a weekly basis so clinician know which room they are working from. I also do the rota for the reception team making sure we have enough cover until 6.30pm. Another one of my tasks is doing the counselling referrals calling the patients to find out if they would like f2f or over the phone and booking them in with the counsellors. I do all the registrations that come in there can be between 5 - 15 per day. I think this covers most things, but no two days are the same which I love...

What is your favourite thing about your job/working at Firdale? My favourite part of working here is definitely the people I work with not just my team on reception but all the admin team and the clinicians, even though we are all very busy we still have time to have a chat and a laugh, which sometimes is very much needed. We also have some lovely patients that appreciate everything that we do for them. It’s a great place to work and my only regret is that I didn’t join Firdale sooner.

What is something that you have learnt since working here? How important it is to get along with the people we work with as we probably spend more time with each other than our own families. We are really lucky that we all get along with each other and support each other when needed.

## The Firdale Flame



As part of our active practice charter, we are hosting a relay event for staff called 'The Firdale Flame'. We are taking it in turns to carry and deliver our torch between each others houses (sometimes having a bite to eat and a drink).



So far the flame has travelled 27.08 miles and done 9 stops! There's a lot of miles to go and still has 11 more stops before it returns to its home, Firdale!

