



If you are living with diabetes, it can be tough. But you are not alone. We are the SMASH CCICP Diabetes UK Support Group, and we are here to support anyone living with diabetes.



**Come along** to our regular meetings (see below for details)

## Get in touch

Lyndsey Kocbusz (Group Lead): lyndsey.kocbusz2@mcht.nhs.uk



## Why come along to our meetings?

- Meet people living with diabetes from your local area, and learn from each other
- Talk with diabetes health care professionals such as consultants, dietitians, podiatrists and other quest speakers
- Free, friendly and informal with complimentary refreshments

## We meet regularly at:

Sandbach United FC, Sandbach Community Football Centre, Hind Heath Road, Sandbach CW11 3LZ

## Meeting dates and times:

Tuesday 24<sup>th</sup> September 2024, 5:30pm - 7:30pm. Tuesday 29<sup>th</sup> October 2024, 5:30pm - 7:30pm. Tuesday 26<sup>th</sup> November 2024, 5:30pm - 7:30pm.

Our meetings are open to anyone living with diabetes and living within the SMASH CCICP area. Our venue offers free parking. We look forward to welcoming you.

Central Cheshire Integrated Care Partnership

