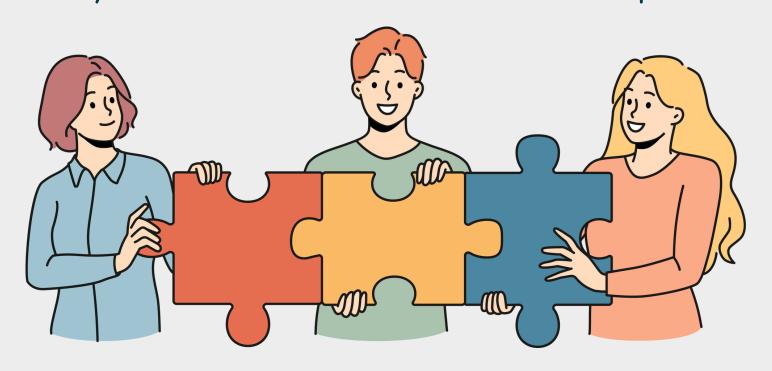




## Understanding Relationships

Delivered by Healthbox Counsellors Kasey & Dean.

A two-part workshop aimed to help participants to explore their personal relationships, learning theories and tools that can help you to maintain healthier relationships.



Delivered Online!

Tuesday 24th June & Tuesday 1<sup>st</sup> July 2025 12pm - 1:30pm

Please contact:

Kasey@healthboxcic.com &

Dean@healthboxcic.com for more information