



Prescribing Antidepressants in Primary care:
Ethnic inequalities in treatment

Participant Information Sheet – Study B

This is a short version of the Participant Information Sheet you have received.
You can find more details in the Participant Information Sheet, or by contacting the research team. Details are on the last page.

What is the PAPER Study?

We want to understand the experiences of people from a South Asian background of receiving support and treatment for depression.



**In this part of the study,
we want to hear from
people who have been
recently diagnosed with
depression.**



**We want to hear about
your experience of your
symptoms and the help
you have received in
your recent
appointment.**



**Understanding this can
help us improve how
support is offered in the
future.**

Who is on the PAPER Study team?



Dr Lydia Poole
University of Surrey
Study Lead



Dr Mel Ramasawmy
Queen Mary University



Dr Hannah Frith
University of Surrey



Dr Amy Ronaldson
Kings College London



Dr Paramjit Gill, GP
University of Warwick



Dr Harpreet Sood, GP
North Thames NHS Trust



Madiha Sajid



Dr Andrea Martinez
University of Surrey
Research Team



Dr Rose Rickford
University of Surrey
Research Team

Why have I been invited to take part?



**We want to hear from people who
are from a South Asian background**
*Bangladeshi, Indian, Pakistani, Sri Lankan and
others*

**Who have been recently
diagnosed with depression by a
doctor.**

What will happen to me if I decide to take part?

1



We will ask you for your consent to take part in the study

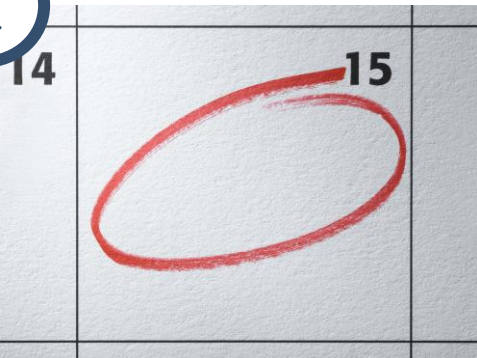
3



We will ask you to tell us about your experiences of symptoms of depression and your recent appointment.

We will have a separate conversation with your doctor about their experience of this appointment.

2



We will ask you to choose a time to speak to us
(phone, video call or in person)

4



We will record our conversation so that we can write down what has been said. This recording will be deleted later.



Do I have to take part?

No, you do not have to take part.

We have given you this information sheet to help you decide if you want to take part.

What happens if I do not want to take part or if I change my mind?

There is no problem if you do not want to take part.

You can choose not to take part any time up to one month after your interview. We will ask you if we can keep the information but you can ask us to delete it.

Please let the research team know.

What are the benefits of taking part?



We will use the study findings to improve support and care provided to people who are experiencing symptoms such as sadness, tiredness and not being able to enjoy things as usual.

Taking part in this research will give you an opportunity to share your experiences and opinions with an interested, non-judgmental listener who is not involved in your medical care.



After the interview, we will share a £50 shopping voucher as a token of our thanks.

What are the risks of taking part?



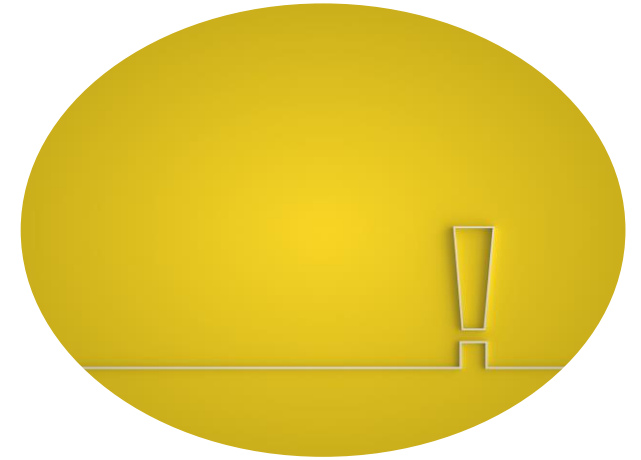
Taking part in the study will take up your time.

Some people may find it hard to talk about feeling in a low mood. You can take a break or stop at any point during the interview.



At the end of the interview we can suggest places you can find expert help.

You can also find more information in the document 'Who do I contact if I need more support?' included in this pack.



If we think there is a risk of harm to yourself or others, the researchers will need to get advice from the University of Surrey on what to do next.

This could include letting your GP or other authorities know that you need medical assistance.

What happens to information about me?

The information you share with us will be kept confidential. This means that we will store it in a safe way, and will only share it in the ways that you have agreed to.



Only the researchers involved in the study will know who you are.

We will store paper information in locked filing cabinets and electronic information in the University of Surrey Trusted Research Environment.

The recordings of the interview will be listened to by a typist who will write down what has been said in a study 'transcript'. The typist will not know who you are.

We will keep the recordings for a year to make sure we can check they are correct.

We will use anonymous quotes from the interview when sharing the findings of the study.

This means the quotes that we use will not include any information about you.

Who else can see my data?

Reusing the data

The researchers involved in the study may use the transcripts for future research. This will follow the same rules as this project.



Data sharing

If you agree to it, we will make the transcript and some basic information about you (gender, age, ethnicity) available to other researchers in a safe way. This will not include any information that could be used to identify you.

This is optional and you can let us know on the consent form if you do not want this to happen.



Monitoring

The information we collect may be reviewed by regulators such as the University of Surrey to make sure we are handling it correctly. These individuals will treat your data in confidence.



How do I find out about the results?

You can find the study findings on our website:
www.surrey.ac.uk/research-projects/paper-study.

This will include a short summary of the research articles that we publish, and a video about mental health.

The research team will also contact you with the findings at the end of our study in a newsletter (by email or post).



What should I do next?

If you are happy with the all information we have provided, and would like to take part in the study, please sign the consent form and send it back to the study team. You can do this online or on paper.

Contact Dr Rose Rickford (01483 684722) or Dr Andrea Martinez (01483 686926) if you have any questions, or email us on paperstudy@surrey.ac.uk



If you do not want to take part, please let the research team know. Thank you for reading this information sheet.

Who to contact if you have any questions

If you have any questions about the study you can contact Dr Lydia Poole at:

Email: l.poole@surrey.ac.uk

Phone number: 01483 684430

Address: University of Surrey, Stag Hill, Guildford, GU2 7XH

If anything goes wrong and you want to speak to someone who is not in the research team, you can contact:

Research Integrity and Governance Office (RIGO)

Research and Innovation Services

University of Surrey

Senate House, Guildford, Surrey, GU2 7XH

Email: rigo@surrey.ac.uk

