

NIHR | BioResource

THE **GLAD** STUDY

WANTS YOU!

WE NEED MEN WITH
ANXIETY AND/OR
DEPRESSION

1 in 8 men
experience
a mental health
condition yet they
are **under-**
represented
in health research

We are looking
for **men** to
participate in our
study to further
our understanding
of **mental health**
conditions

**You can help by
taking part today**

WE HOPE 40,000 PEOPLE WILL TAKE PART!



gladstudy.org.uk

- AGED 16+?
- LIVE IN THE UK?
- EVER HAD ANXIETY /
DEPRESSION?*

*NO DIAGNOSIS NECESSARY

**JOIN
OUR
STUDY**

