



DO YOU HAVE POLMYALGIA RHEUMATICA (PMR)?

There is a new study taking place at hospitals in the UK to find a way to reduce long-term steroid use in patients with PMR:

Would you like to take part?

This study may be suitable for you if you...

- Are aged over 18
- Have a diagnosis of Polymyalgia Rheumatica (PMR)
- Are currently on steroid treatment
- Have ever needed to increase your steroid dose because your PMR symptoms returned



For any questions and more information

Please contact your local STERLING-PMR study team: Hospital name: Royal Lancaster Infirmary

Contact phone: 01524 591323

Contact email: research.randr@mbht.nhs.uk

For a map and contact details of all participating UK hospitals, scan this QR code, see https://ctru.leeds.ac.uk/sterling-pmr-uk/, or contact STERLING-PMR-ukpatients@leeds.ac.uk.



