

## RUSHCLIFFE SOCIAL PRESCRIBING

# COMMUNITY HUB

## Next Steps

### An Alcohol Awareness Peer Support Group

Is alcohol costing you more than just money?

Do your drinking habits cause you concern?

Would you be interested in joining a peer support group, led by a health coach, to help you reduce or stop drinking?

You don't have to do this alone!



**STARTS MONDAY 24TH FEBRUARY - 12.30-2.00PM**

West Bridgford Young People's Centre NG2 6AT

For more information and to be added to the communications list contact:

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For more information

Visit the Social Prescribing Facebook page

[www.facebook.com/RushcliffeSP](http://www.facebook.com/RushcliffeSP)

