

Social Prescribing

Let's  Live Well 
in Rushcliffe

What is Social Prescribing?



It is an approach that connects people to activities, groups and services in their community to meet the practical, social and emotional needs that affect their health and wellbeing.

Where to find us for more information :

Rushcliffe
Social
Prescribing
Service 

[Click here to visit our website!](#)



Discover Rushcliffe Social Prescribing's Community Wellbeing Hub and scan the QR Code to visit our app:



SCAN ME!

Visit the Social Prescribing Community drop in at the Young People's Centre, West Bridgford between 10am - 12pm for advice and support.

Check out the events here on Event Brite

For more information, visit the Social Prescribing Facebook page:
www.facebook.com/RushcliffeSP

