



# Emotional Support Hub

*Are you a patient at Overdale Medical Practice or Park Medical Practice?*

*We invite you to our friendly drop-in run by the  
Social Prescribing Team &  
Mental Health Practitioner.*

*Come along for a chat and a cuppa,  
and make new friends in a safe space.*

**St Hugh's Church Hall, 68 Derby Rd,  
Borrowash DE72 3HB**

**2.30–4pm**

**Wednesday 23rd July 2025**

**Wednesday 27<sup>th</sup> August 2025**

**Wednesday 22<sup>nd</sup> October 2025**

**Wednesday 26<sup>th</sup> November 2025**

