

Freedom of Information Publication

Person(s) responsible for review of this protocol	Chris Stoppard - Group Manager and Dr Emma Green – GP Partner
Date of Last Review	August 2025
Date of Next Review	August 2026

The following policy is in accordance with the Freedom of Information Act 2000.

Introduction

This Publication Scheme is a complete guide to the information routinely made public by the partners of St Thomas Medical Group. It is a description of the information about our Practice which we make publicly available. It will be updated at regular intervals and we will monitor its effectiveness.

How much does it cost?

The publications are free unless otherwise indicated within each class. Please see Class 8 for information on how charges are calculated

How is the information made available?

The information within each class is available by downloading from our practice website at <https://www.stthomas.nhs.uk/> or available in paper form from the leaflet racks in reception or by writing to the Group Manager at the surgery. Written requests for our publications will be responded to within 20 working days, please include a stamped self-addressed envelope with written requests.

Your Rights to Information

In addition to accessing the information identified in the Publication Scheme, you are entitled to request information about our Practice under the NHS Openness Code.

The Freedom of Information Act 2000 recognises that members of the public have the right to know how public services are organised, run, how much they cost and how decisions are made.

From 1st January 2005 the Freedom of Information Act obliged all General Practice's to respond to requests about information that they hold and record in any format. The Act created a right of access to that information. These rights are subject to some exemptions which have to be taken into consideration before deciding what information can be released.

New environmental information regulations enable similar access to environmental information as under the Freedom of Information Act 2000.

Under the General Data Protection Regulation 2018 and Data Protection Act 2018 you are also entitled to access your clinical records, or any other personal information held about you by our practice. You can request to see your own medical record by writing to Data Protection Officer at the surgery.

Classes of Information

All information at St Thomas Medical Group is held, retained and destroyed in accordance with NHS guidelines.

Our commitment to publish or supply information excludes any information which can be legitimately withheld under the exemptions set out in the NHS Openness Code or Freedom of Information Act 2000 or any information which has been destroyed or updated in accordance with NHS guidelines and our Practice Records Management Policy.

Where individual classes are subject to exemptions, the main reasons are for example the protection of commercial interests and personal information under the Data Protection Act 2018. This applies to all classes within the publication scheme.

The information available under this scheme is grouped into the following broad categories:

Class 1 - Who we are and what we do

St Thomas Medical Group is a small business funded by NHS England and NHS Devon Integrated Care Board and provides medical services to patients across four sites which are as follows:

Surgery Name	Practice Area	Opening Hours
St Thomas Health Centre Cowick Street Exeter EX4 1HJ 01392 676676	Accepts patients living to the west of the River Exe. The western boundary is at the Sainsburys' Superstore in Alphington, the eastern boundary at Redhills. The northern boundary reaches to Longdown, Whitestone and Pathfinder Village, nr Tedburn St Mary.	Monday 08:30 – 18:00 Tuesday 08:30 – 20:00 Wednesday 08:30 – 20:00 Thursday 08:30 – 18:00 Friday 08:30 – 18:00 *late nights may vary due to remote clinics
Exwick Health Centre New Valley Road Exeter EX4 2AD 01392 676676	Accepts patients living to the west of the River Exe in the Exwick area, the western boundary being at Redhills, as well as patients living in Upton Pyne and Brampford Speke.	Monday 08:30 – 18:00 Tuesday 08:30 – 18:00 Wednesday 08:30 – 18:00 Thursday 08:30 – 18:00 Friday 08:30 – 18:00
Exeter University Student Health Centre Reed Mews Streatham Drive University Campus Exeter EX4 4QP 01392 676606	Accepts patients who are students of the University of Exeter, living on or adjacent to the main campus.	Monday 08:30 – 18:00 Tuesday 08:30 – 18:00 Wednesday 08:30 – 18:00 Thursday 08:30 – 18:00 Friday 08:30 – 18:00 *hours may vary out of term time

A full list of the General Practices in this area and further details about how the ICB fits into the NHS, a major part of the public sector, can be found on the NHS Devon website <https://onedevon.org.uk/>

Our practice is contracted to provide Personal Medical Services for our registered patients under contract to NHS England in accordance with our Personal Medical Services contract.

Some information about our practice will be withheld, including personal, confidential information about individuals which is protected by the UK General Data Protection Regulation 2018 and the Data Protection Act 2018.

The current partners are:

Name	Surname	Qualifications	Hours	Date Registered
Dr Alice	Godwin	BA Hons (Oxon), MBBS, MRCP, DRCOG	Full-time	2003
Dr Richard	Wise	BSc, MBBS, DRCOG, MRCP	Part-time	1999
Dr Emma	Green	MBChB, MSc, MRCP, MRCP, DRCOG, DFRSH	Part-time	2001
Dr Jo	Neumegen	BMedSc, BMBS, DRCOG, MRCP	Part-time	1994
Dr Lorna	Coleman	MBBS, DCH, MRCP, FP Cert	Part-time	1991
Dr John	Fox	BA Hons (Oxon), MBBS, MRCP	Part-time	1993
Dr Graham	Lewis	BM, MRCP	Part-time	2009
Dr Michelle	Bailey	MBChB, MRCP, DFFP, DRCOG	Part-time	1998
Dr Steve	Moul	MBBS, MA, BSc (Hons), MRCCGP	Part-time	2014
Dr Hannah	Claxton	MBChB, MRCP, BSc (Hons), Clin Med. In Public Health, PGCert in Clinical Education	Part-time	2021
Dr Claire	Tomlinson	MRCP, MBBS, BSc, Dip FSRH	Part-time	2013

Doctors employed by the Partnership to provide services are:

Name	Qualifications	Hours	Date registered
Dr Cathryn Sheppard	BM, DipFFP, MRCGP	Part-time	1990
Dr Andy Senior	BMBS, MRCGP, BSc (Hons)	Part-time	2010
Dr Stefanie Shaw	BMBS, MRCGP, FRACGP	Part-time	2008
Dr Rebecca Calvey	MBBS, MRCGP	Part-time	2017
Dr Sophie Bostock	MBChB, MRCGP, Dip SCH	Part-time	2008
Dr Anna Foreman	MBChB, MRCGP	Part-time	2015
Dr Jessica Fox	BA, BSc Biomedical Sciences 1 st Class Honours, MRCGP	Part-time	2010
Dr Claire Evans	MRCGP, MBBS, BSc (Hons), PgCert Health Serv Improv	Part-time	2012
Dr Anni Helliwell	MBChB, MRCGP	Part-time	2020
Dr Lisa Lannon	MBBS, MRCGP, dipFRSH	Part-time	2012
Dr Laura Sims	MBBS, MRCGP, DipMedEd, SFHEA	Part-time	1994
Dr Jubilee Ojeme	MBBS, MRCGP	Part-time	2021
Dr Craig Thompson	MBBS, MRCGP BSc (hons)	Part-time	2009
Dr Chloe Alsop	BSc (Hons), MBChB, MRCGP	Part-time	2014
Dr Clare Davis	MBChB, MRCGP	Part-time	2011
Dr Harriet Clarke	MRCGP	Part-time	
Dr Sarah Oxenham	MBBS	Part-time	2007
Dr Laura Davies	BMedSci (Hons) BM, BS, MRCGP, DFRSH, DRCPOG, LoC, SDI	Part-time	2008
Dr Mark Selman	BM BS, BMedSci, DCH, MRCGP, DipPCR, AFHEA	Part-time	2006
Dr Omali Aberwardena	MBBS, BSc	Part-time	2014
Dr Nicole Whalley	MBChB, MRCGP	Part-time	2015
Dr Christopher Dean	BM BS	Part-time	2012
Dr Ashley Mota	MBBS	Part-time	2015
Dr Laura Birks	MBChB	Part-time	2015
Dr Shelina Runa	MBBS	Part-time	2017

The following clinical staff provides services to our patients and are employed by the practice:

Job Title	Names
Lead Nurse Manager	Lisa Montgomery
Advanced Nurse Practitioners	James Stevenson, Jo Twose, Helen Foster and Nicola Trenaman, Lucie Gillard
Nurse Practitioners	Nicole Carr
Infection Control Lead	Dr Lorna Coleman, Rachel Banks
Practice Nurses	Ruth Butt, Cheryl Carpenter, Gemma Chapman, Jodie Drew, Maddy Gwilt, Sally Johns, Stanislava Ongouya, Leanne Duthie, Lynn Short, Rachel Wilson, Alexandra Back
Health Care Assistants	Ruta Kacenaite, Angie Galpin, Jenna Salter, Leigh Ashford, Rachel Banks, Katie Gold and Kimberley Dixon
Phlebotomists	Lucy Brailey and Teresa Rayfield
Practice Paramedics	Donna Lawson

The following staff are employed by Exeter West PCN to provide services and support to our patients. They are based at St Thomas Medical Group

Job Title	Names
Pharmacists	Tamika Tiley, Hing Wan, Adeola Funsho-Ako, Ricardo Alves
Paramedics	Julia Taylor, Shane Currans
Social Prescriber	Sabrina Takacs
Physiotherapist	Rob Handley, Fred Mainwaring, Samuel Bastock, Danielle Wylie

The following people provide administrative support to St Thomas Medical Group and Exwick Health Centre:

Job Title	Names
St Thomas Medical Group Manager	Chris Stoppard
Deputy Group Manager	Naomi Gruitt
Deputy Practice Managers	Marilyn Mabe Nina Smith
Clinical Coding Team Lead	Helen Ward
Clinical Coding Team	Sam Hotton, Lorraine Traynor, Alison Fryatt, , Lynne Stuckey
Registration Team & OA Team Lead	Helen Hodgson
Registration Team	Paula Pratt, Bev Perry, Casey Westcott and Gemma Spry
Volunteer Co-ordinator/Carer Support	Denise Knowles

Worker	
Secretarial Manager	Helen Ward
Medical Secretaries	Sharon Fitch, Kelly Clark, Paula Collingwood, Monika Russell, Maree Collier and Karen Nethercott
Data Protection Officer	Nina Smith
Prescribing Manager	Tamika Tiley
Prescribing Team Lead	Lydia Vanstone
Prescribing Team members	Geraldine Philpott, Liz Lloyd, Chris Dunne, Sammii Hows, Susan Friend and Fatheha Begum
Reception Manager	Natalie Ridewood
Reception Team Leads	Jackie Burrridge, Debbie Pearse
Reception Planners	Sophie Squires, Natasha Whittaker, Deborah Isaac and Helen Evans
Receptionists	Heather Ley, Tricia Pinhorn, Louise Searle, Debbie Thompson, Heidi Wylie, Hayley Messenger, Wendy Jones, Michelle Donovan, Charlene Noble, Chloe Lowry, Dawn Cox, Helen Evans, Leanne Bramell, Nikki Crossland, Vanessa Klos, Vanya Minkova, Jaden Licorish, Isabelle Walker
I.T Team	Annalise Travis

Class 2 - What we spend and how we spend it

We receive fees for providing medical services to our registered patients from NHS England through the mechanism of our Personal Medical Services contract.

From these fees the practice has to meet the costs of running the Practice, this includes the following main expenses:

- Running costs and maintenance of the premises and equipment
- Administrative costs including pay
- IT support and maintenance
- Communications support, maintenance and running costs
- Infrastructure investment such as clinical equipment

We receive a drug budget that is set by Devon Integrated Care Board on a yearly basis to provide prescriptions for our registered patients.

The budgets received vary from year to year and can be obtained by writing to the Group Manager.

We have a scale of fees for work that comes outside of our Personal Medical Services contract. Details are displayed on notices in reception, or on our website.

There may be circumstances where material cannot be released because it is:

- Confidential
- Commercial information

- The appropriate officer designated for these purposes under the Act has taken the view that it may be prejudicial to the conduct of the Practice's affairs
- No longer available under the NHS guidelines

Further details may be available on request.

Class 3 – What our priorities are and how we are doing

Plans are currently on hold due to the on-going Coronavirus pandemic.

Rated Outstanding in CQC inspection 16th & 18th January 2018 -

<https://www.cqc.org.uk/location/1-571105054>

Class 4 – How we make decisions

The Partners and Group Manager hold regular management meetings to discuss direction, finances and direction. These meetings are minuted.

The Lead GP's and Group Manager hold weekly meetings to discuss new processes and staff concerns. These meetings are minuted.

Class 5 – Our policies and procedures

We keep policies in the following areas:

- Patient privacy and confidentiality
- Clinical procedures
- Administrative procedures
- Complaints
- Records management, information sharing and data protection
- Drugs, dispensing, prescribing and prescriptions
- Health and safety
- Employment
- Risk management

These policies are subject to regular review. They are available by writing to the Group Manager.

There may be circumstances where material cannot be released because it is:

- Confidential
- Security based
- Commercial information
- No longer available under NHS guidelines
- No longer current and has been replaced or
- The appropriate officer designated for these purposes under the Act has taken the view that it may be prejudicial to the conduct of the Practice's affairs

There is a charge for producing a hard copy of this information as detailed in class 8 below.

Class 6 – Lists and registers

None available

Class 7 – The services we offer

A full list and outline of the services we provide can be found in our practice booklet in which we include:

- A timetable of our opening hours
- Details of all the sites we operate from

Copies of the practice booklet can be obtained free of charge from reception or through our website - <https://www.stthomas.nhs.uk/>

We provide an Out of Hours service through Practice Plus. Further information about this service can be obtained from Practice Plus Group, Ground Floor, 1330 Arlington Business Park, Theale, Reading, England RG7 4SA

We share information with other service providers in accordance with the policies agreed with NHS England and by reference to the Data Protection Act

Class 8 - Charges

1. Website

- Free of charge - you may download any publication that we post on the website using your own computer. Charges for the Internet service provider and personal printing costs would have to be met by you.
- If you do not have access to the Internet, the public library has a service you can use.

Printouts are available from the practice by writing to the Group Manager and enclosing a stamped addressed envelope.

- A single print out from the website will attract a charge of **35p** per sheet.
- Requests for multiple printouts or for archived copies of documents that are no longer accessible or available on the website will attract a charge for retrieval, photocopy and postage etc. We will let you know the cost and charges that will have to be paid in advance.
- We are not able to provide printouts of other organisations' websites.

2. Leaflets and brochures about our practice are available at the reception desk free of charge for single copies.

3. E-mail will be free of charge unless otherwise specified in advance.

Any cost incurred for postage will be charged for and you are requested to submit a stamped self addressed envelope with any request for hardcopies to be sent by post.

The charges will be reviewed regularly.

Any enquiries regarding information management in this practice should be referred to the Group Manager.

Feedback:

We welcome suggestions about how this publication scheme and the presentation of the information itself might be improved. If you have any comments, or if you have any difficulty accessing any information please write to the Group Manager.

Complaints

We have a practice complaints procedure which has been agreed with our local Integrated Care Board and a copy may be obtained from the Group Manager. If you wish to make a complaint, please write to the Complaints Team.

There may be circumstances where material cannot be released because it is confidential to a third party as regulated by the UK General Data Protection Regulation and Data Protection Act 2018 or is no longer available under NHS guidelines or our Practice Records Management Policy.

Regular publications and information for the public

We keep a range of leaflets on medical problems that can be accessed by:

- Asking our practice nurses or the doctors
- Looking on the leaflet racks in the waiting room
- Following the links on our website to NHS choices

We keep you informed of temporary alterations in our opening hours by:

- a) Prominent notices on the waiting room notice board
- b) Notices on the entrance doors
- c) Accessing our website

We publish a newsletter for our patients quarterly and will be available in the waiting room.

We publish a practice booklet which is updated regularly. It is available from reception and on the leaflet racks in the waiting room

Once an update is produced, previous copies are destroyed and are no longer available for publication.

We keep some leaflets and information produced by other organisations. Leaflets may from time to time become unavailable due to replacement by an alternative or because they have been updated.

Useful Resources

National Health Service

www.nhs.uk

Department of Health

<https://www.gov.uk/government/organisations/department-of-health-and-social-care>

Information Commissioner

<https://ico.org.uk/>

NHS Freedom of Information

<https://www.england.nhs.uk/contact-us/foi/>

Devon Partnership Trust

<https://www.dpt.nhs.uk/>

NHS Devon Integrated Care Board

<https://devon.icb.nhs.uk/> / <https://onedevon.org.uk/>

Copyright

Material available through the publications scheme is subject to this Practice's copyright unless otherwise indicated. Unless expressly indicated to the contrary it may be reproduced free of charge in any format or medium provided it is done so accurately in a manner that will not mislead. Where items are republished or copied to others you must identify the source and acknowledge copyright status. This permit does not extend to third party material accessed through the scheme.