

Walkden and Little Hulton Primary Care Network (PCN)

Patient Participation Group Meeting (PPG)

Date	22/08/25	Time	11am – 1pm	CHAIR	DH
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Attendees:

DH, Practice Manager, Cleggs Lane Medical Practice
HK, Cleggs Lane Medical Practice
IA, Cleggs Lane Medical Practice
DP, Practice Manager, Cherry Medical Practice
ES, Admin Support, SNPCA – (Minutes)
UP, Ellenbrook Medical Practice Patient
SP, Ellenbrook Medical Practice Patient
YL, Walkden Medical Practice Patient
SF, Walkden Medical Practice Patient
AB, Salford Matters Patient
LL, The Gill Medical Practice Patient
SK, Walkden Medical Practice Patient
BM, Cherry Medical Practice Patient
SC, Cleggs Lane Medical Practice Patient
SE, Cleggs Lane Medical Practice Patient
SA, Cleggs Lane Medical Practice Patient
SI, The Limes Medical Practice Patient
EH, Cherry Medical Practice Patient
AO, Cleggs Lane Medical Practice Patient
PD, The Limes Medical Practice Patient
SC, SPCT Patient
SL, Little Hulton Centre Patient
WB, SPCT Patient

1. Welcome & Introductions to the session from DH & IA, Cleggs Lane Medical Practice.

Tea & coffee available, relax and enjoy the session.

2. Diabetic Group Session for Patients.

- NHS APP – NHS APP's available to help with diabetes giving advice and guidance on diet. Details explained on how this can help.
- Diabetic bookings for specialist diabetic nurse - Any patients requiring appointments to see the specialist diabetic nurse were given appointment's today for a future agreed date and time.
- Diabetic Sensor to monitor your diabetes – Discussion explaining how a diabetic sensor works and how it tracks glucose levels in an individual's diabetes. They replace the traditional finger prick blood glucose test. A group discussion on tracking blood sugars.

Patient explained about her 9-year-old daughter being diagnosed with type 1 diabetes at 6-year-old, explaining her symptoms which resulting in tests being taken resulting in her diagnosis. New way of life, improved diet and exercise with improved sleep.

Another patient demonstrated their sensor, how it reads the information which then displays and speaks out the readings.

The sensor is connected to your mobile phone which also notifies if the patient's blood sugars go to high or low.

- Discussion about the weight loss injections for diabetics - IA explained there is a criteria for this. They look at the individuals number scoring and history, further information can be discussed further on an individual basis with your diabetes nurse or GP.

A very positive meeting with a fantastic attendance from WLH patients. Plans for future group discussions covering different topics such as CVD, Stop Smoking and Smears to name a few.

Look out for further information on the next meeting.