

# Parent Carer Support Group

Every Third Wednesday of the month  
from 7-8pm via Zoom  
in partnership with SEND PaCT Notts

**Are you a Parent Carer?**

**Do you need advice and information?**

**Would you like to talk to others Parent Carers?**

**Would you like to find out about support  
networks that could help you?**

**For the link and more information contact  
0808 802 1777 or e-mail [carershubinfo@carersfederation.co.uk](mailto:carershubinfo@carersfederation.co.uk)**

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**website:** [carershub.carersfederation.co.uk](http://carershub.carersfederation.co.uk)

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**Facebook** - search "Carers Federation" **X (formerly Twitter)** @carersfednews **LinkedIn** - Carers Federation

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