

Dementia Matters Here invite you to our new venue for 2025

CARERS GROUP



Venue:

St Mary's Church
Ross on Wye

Join us at St Mary's church to meet likeminded people who understand, whilst gaining support, information and advice from one of our team!

**Let your
voice be
heard**

**Every Last Friday of the
Month**

2.30pm-4pm

Why Come Along?

- 1 Our carers groups are led by you, with topics and conversations being based around your needs
- 2 We create an informal, safe space where you can really speak your mind without judgement or prejudice
- 3 Gain peer to peer support and make lasting friendships to help through the toughest moments and to celebrate good times

For more information contact us at:



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