

**EMPOWERING CARERS, ENRICHING LIVES** 

Are you an unpaid Carer living in Herefordshire, looking after a loved one or friend?

Join our Service for free and benefit from the following...

Free Carer Groups across the county Various FREE activities and events

Your nearest group is ..

Ross Carers Group

Quarterly newsletters an updates

Respite from your caring role

Time: 10:30 - 12:30

Friendship and Community

The WEDNESDAY of every month

FOREST AND WYE
COMMUNITY CHURCH
Cocation: 15 HENRY STREET
ROSS HR9 7AA

info@carersofherefordshire.org

Scan the QR code and find the latest information on our website



Registered Address: Hinton Community Centre, 21 Ross Road, Hereford, HR2 6RJ

Registered Charity Number: 1204197